The Herald-Palladium

hp

DICKINSON ESTATES
A Premier Subdivision for fine homes
in the St. Joseph School District
www.DickinsonEstates.com

# COUNTY PLANS EXPANDED COVID-19 TESTING

Local, A3

TheHP.com @HeraldPalladium HeraldPalladium HeraldPalladium WEDNESDAY, APRIL 22, 2020 As low as 86¢ with a paid subscription $2

# Weich named county treasurer

## Chief deputy treasurer replaces Witkowski

**By TONY WITTKOWSKI**
HP Staff Writer

ST. JOSEPH — After spending the past decade as Berrien County's chief deputy treasurer, Shelly Weich is ready for the next step.

On Tuesday, the Berrien County Treasurer Appointment Committee announced Weich was unanimously chosen to fill the vacant position for county treasurer.

Weich, 52, has been acting treasurer since April 6. Her appointment was made official Monday.

WEICH

"The thought popped into my head once Bret (Witkowski) announced his resignation," said Weich, a Baroda resident. "That's when I started thinking about it. At that point, I felt I needed to do this."

The Baroda resident has worked in the treasurer's office for the last 12 years, 10 of which have been as chief deputy treasurer.

Weich was among four applicants to apply for the vacant position.

Witkowski announced he was stepping down as an elected official and taking a job with Abonmarche in February. His tenure with the county came to an end earlier this month.

Witkowski was elected as the county treasurer in 2004. His fourth four-year term as treasurer is up at the end of this year, which Weich said she intends to run for. The filing deadline to run for the office in the August primary election was Tuesday. It is not known if any other candidates filed to run against Weich, because the county clerk's office did not release candidate filing information on Tuesday.

Weich's appointment is for the remainder of the current term, ending Dec. 31, 2020.

The committee was comprised of Senior Probate Judge Mabel Mayfield, County Clerk Sharon Tyler and Prosecuting Attorney Michael Sepic.

At a scheduled meeting of the committee on Monday, Tyler made a motion to appoint Weich.

"I have worked with Shelly as the county clerk and I know she has a great amount of knowledge and responsibility with the local assessors, treasurers and schools," Tyler said. "She has the ability

See **WEICH**, page A2

## Races set for 2020 elections

### Filing deadline for most offices was Tuesday

**By HP STAFF**

One state representative from Southwest Michigan will face a primary challenge in August. The filing deadline for most offices was Tuesday afternoon.

Pauline Wendzel, a first-term Republican from Watervliet, is being challenged by Republican Jacquie Gnodtke Blackwell of Bridgman for the Republican nomination. In November, the winner will likely face the lone Democrat to file for the race, Chokwe Pitchford of Benton Harbor.

The area's other two state representatives, both Republicans, are seeking re-election but will not face a primary challenger. Both are being challenged by Democrats in November.

Three people – one Republican and two Democrats – so far have filed to challenge U.S. Rep. Fred

See **FILINGS**, page A2

**SOUTH HAVEN**

Photos by Don Campbell / HP staff

Customers fill up their tanks at the Marathon station along Broadway Street in South Haven on Tuesday.

## How low can it go?

### Gas falls below $1 a gallon in South Haven

**By BECKY KARK**
For The Herald-Palladium

SOUTH HAVEN — Every so often gas prices dip below $1 a gallon, if gas stations wage a price war.

But something unusual has happened in the South Haven area. Since Saturday, the price of gasoline at nine of the 10 gas stations in the area, has fallen below $1, ranging from 96-98 cents per gallon.

The significant drop has nothing to do with stations trying to lure customers in with cheap gas, but rather the ongoing worldwide drop in oil prices.

"I've worked here for five years and I think the lowest price I ever saw was $1.36 a gallon," said Romello Epperson, assistant manager at the BP Station on Phoenix Road.

Motorists throughout the South Haven area have been happy to take advantage of the low prices at BP, which is located right by Interstate 196.

"There's been a lot of people buying gas," Epperson said. "People are bringing

See **GAS**, page A10

Gas is advertised for under $1 a gallon for regular unleaded Tuesday morning at the Shell station along Broadway Street in South Haven.

**LAKESHORE SCHOOLS**

## Online connection keeps school in session

### Superintendent says 90% of students are connected

**By LOUISE WREGE**
HP Staff Writer

STEVENSVILLE — Learning never stopped at Lakeshore Public Schools, even though all K-12 school buildings have been shut down for the rest of the school year due to the COVID-19 pandemic, Superintendent Phil Freeman told school board trustees.

"As of this moment, we have determined that over 90 percent of our students are connected and engaged," he said at a Monday meeting.

He said Lakeshore teachers started instructing their students remotely on March 16 – just a few days after Gov. Gretchen Whitmer announced on March 12 that schools would be closed at least until April 5 to slow the spread of the virus.

He said the district's preparedness is because of the countless hours staff spent putting together the Remote Learning Plan.

"I can't say enough about the teaching and support staff that continue to provide the best education they can under these circumstances," he said.

He said they started putting the plan together in late February, when the Centers for Disease Control asked schools to create Pandemic Response Plans in case schools were closed.

When Whitmer extended the school closure to include the rest of the school year, she also ordered that school districts put together a Continuity of Learning Plan to show how they are providing learning opportunities to all students. The plans are to be filed by April 28 with the district's intermediate school district, which in Berrien County is Berrien RESA.

Freeman said Lakeshore's plan was filed on April 8 and approved on April 13.

"The shift from our Remote Learning Plan to our Continuity of Learning Plan, we believe, was pretty seamless because of the research and the prep work that went into the development of the original plan," he said. "We were already on track prior to the decision being made to close schools for the remainder of the year."

But remote learning doesn't happen without connectivity, he said.

So far, he said the district's tech team has handed out more than 1,730 Chromebooks to students, along with 10 iPads for English language learners and more than 20 hot spots for students who don't have the internet.

"We continue to offer support to all families to assure that they have access to devices and the internet," he said.

Freeman said he couldn't have done it without the support from other superintendents. He said that since the end of February, he and five other superintendents have met 26 times, exchanged over 350 emails and texted or called each other a countless number of times.

Freeman said he gets asked by parents and students if the students are "required"

See **LAKESHORE**, page A2

# Senate approves $483B virus aid deal, sends it to House

**By LISA MASCARO and ANDREW TAYLOR**
Associated Press

WASHINGTON — A $483 billion coronavirus aid package flew through the Senate on Tuesday after Congress and the White House reached a deal to replenish a small-business payroll fund and provided new money for hospitals and testing.

Passage was swift and unanimous, despite opposition from conservative Republicans. President Donald Trump tweeted his support, pledging to sign it into law. It now goes to the House, with votes set for Thursday.

After nearly two weeks of negotiations and deadlock, Congress and the White House reached agreement Tuesday on the nearly $500 billion package – the fourth as Washington strains to respond to the health and economic crisis.

A copy of the measure was provided to The Associated Press by a GOP aide.

Most of the funding, $331 billion, would go to boost a small-business payroll loan program that ran out of money last week. An additional $75 billion would be given to hospitals, and $25 billion would be spent to boost testing for the virus, a key step in building the confidence required to reopen state economies.

Missing from the package, however, was extra funding for state and local governments staring down budget holes and desperate to avert furloughs and layoffs of workers needed to keep cities running.

The Newspaper for Southwest Michigan

To subscribe or report delivery problems, call 429-1396

**Index**


| | | | | | |
|---|---|---|---|---|---|
| Classifieds | A4 | Local | A3 | Puzzles | A7 |
| Comics | A6 | Obituaries | A9 | Television | A7 |
| Food | A5 | Opinion | A8 | Weather | A10 |


**Tomorrow's Weather**
High 50 Low 41

6 50645 49085 0

## FILINGS

From page A1

Upton, R-St. Joseph. However, due to a ruling this week by a federal court judge, the filing deadline for congressional races in Michigan has been extended to May 8, so additional candidates may file for the 6th District race. All of the challengers who filed by Tuesday had previously announced their intentions to run.

The names of candidates who filed to run for office in Berrien County government, as well as candidates filing to run for township offices in Berrien County, were not released Tuesday. Berrien County Clerk Sharon Tyler said her office would not release the information until Wednesday. A list of candidates in St. Joseph, Lincoln and Royalton townships were provided by township clerks.

Here's a breakdown of candidate filings that have been released:

### 6th Congressional District (Two-year term)

There are four candidates who so far have submitted signatures to run for the 6th Congressional District. Among them are two Kalamazoo Democrats and two St. Joseph Republicans.

■ U.S. Rep. Fred Upton, R-St. Joseph (incumbent)
■ Elena Oelke, R-St. Joseph
■ State Rep. Jon Hoadley, D-Kalamazoo
■ Jen Richardson, D-Kalamazoo

### 78th District – State House (Two-year term)

There are two candidates running for the state's 78th District in the House of Representatives.

■ State Rep. Brad Paquette, R-Niles (incumbent)
■ Dan VandenHeede, D-Niles

### 79th District – State House (Two-year term)

There are three candidates running for the state's 79th District in the House of Representatives.

■ State Rep. Pauline Wendzel, R-Watervliet (incumbent)
■ Jacquie Gnodtke Blackwell, R-Bridgman
■ Chokwe Pitchford, D-Benton Harbor

### 66th District – State House (Two-year term)

There are two candidates running for the state's 66th District in the House of Representatives.

■ Beth Griffin, R-Mattawan
■ Abigail Wheeler, D-Mattawan

### Lincoln Township

All four-year terms

#### Supervisor

■ Richard Stauffer, R-St. Joseph (incumbent)

#### Treasurer

■ Terrie Smith, R-Stevensville (incumbent)

#### Clerk

■ Stacy Loar-Porter, R-Stevensville (incumbent)

#### Trustees (Four positions)

■ Rick Stone, R-Stevensville (incumbent)
■ Thomas Norbey II, R-Stevensville (incumbent)
■ Marc Florian, R-Stevensville (incumbent)
■ Deborah Peterson, R-Stevensville (incumbent)
■ Kevin Gillette, R-Stevenville

### Royalton Township

The Royalton Township board will get a makeover this year. Supervisor Robert Basselman is the only incumbent running for re-election. Incumbent Clerk William Foust is running for treasurer, and all other candidates are not currently on the board.

None of the county official incumbents face challenges. The only newcomer who has filed is Republican Susan Zuiderveen, who is seeking the prosecuting attorney's seat, which will be vacated at the end of this year by Michael Bedford, who announced in 2019 he would not seek re-election.

All positions are four-year terms.

#### Supervisor

■ Robert Basselman, R-Royalton Township (incumbent)

#### Clerk

■ Rachel Bernard, R-Royalton Township

#### Treasurer

■ William Foust, R-Royalton Township
■ Mike Eisenhart, R-Royalton Township

#### Trustees (Two positions)

■ Jason Ackerman, R-Royalton Township
■ Julie Marsh, R-Royalton Township
■ Becky Foster, D-Royalton Township

### St. Joseph Township

#### Supervisor

■ Roger Seely, R-St. Joseph Township (incumbent)

#### Treasurer

■ David Vonk, R-St. Joseph Township (incumbent)

#### Clerk

■ Patricia Rose, R-St. Joseph Township (incumbent)

#### Trustees (Four positions)

■ Thomas Milnikel, R-St. Joseph Township (incumbent)
■ Ronald Griffin, R-St. Joseph Township (incumbent)
■ Melissa Hahn, R-St. Joseph Township (incumbent)
■ Edward Meny, R-St. Joseph Township (incumbent)
■ Ian Haight, D-St. Joseph Township

### Van Buren County

Most Van Buren County incumbent elected officials will face few if any challengers in the primary or general election.

#### Sheriff

■ Daniel Abbott, R-Bangor (incumbent)

#### Clerk

■ Suzie Roehm, R-Decatur (incumbent)

#### Treasurer

■ Trisha Nesbitt, R-Lawton (incumbent)

#### Prosecutor

■ Susan Zuiderveen, R

#### Register of Deeds

■ Paul DeYoung, R-Paw Paw (incumbent)

#### Drain Commissioner

■ Joe Parman, R-Paw Paw (incumbent)

#### Surveyor

■ Donald Gilchrist, R-Gobles (incumbent)

All seven county commissioners are seeking re-election, and none faces a primary challenge. Three Republican incumbents are being challenged by Democrats in the general election.

#### District 1

■ Gail Patterson Gladney, D-South Haven (incumbent)

#### District 2

■ Kurt Doroh, R-Bangor (incumbent)

#### District 3

■ Richard Godfrey, R-Bloomingdale (incumbent)
■ John Wagner, D-Almena Township

#### District 4

■ Mike Chappell, R-Hartford (incumbent)

#### District 5

■ Randall Peat, R-Paw Paw (incumbent)
■ Edward R. Hellwege, D-Paw Paw

#### District 6

■ Donald Hanson, R-Decatur (incumbent)

#### District 7

■ Paul Schincariol, R-Mattawan (incumbent)
■ David Goldenberg, D-Mattawan

## LOTTERIES

**Tuesday drawings**

**Michigan**
**Poker Lotto**
QD-KD-5C-4H-3S
**Midday Daily 3**
0-9-0
**Midday Daily 4**
9-9-6-8
**Daily 3**
9-6-8
**Daily 4**
7-9-5-1
**Fantasy 5**
02-05-07-27-29
**Keno**
02-04-09-11-14-15-17-18-21-26-27-28-29-30-32-40-50-57-58-64-72-78
**Mega Millions jackpot**
$164 million
**Powerball jackpot**
$29 million

**Monday drawings**

**Indiana**
**Cash 5**
07-10-13-30-44
**Estimated jackpot**
$90,000
**Cash4Life**
11-17-20-22-52, Cash Ball: 1
**Quick Draw Midday**
01-07-11-12-28-30-32-33-35-37-41-43-46-47-53-60-61-67-74-80, BE: 46
**Daily Three-Midday**
1-5-5, SB: 2
**Daily Three-Evening**
9-0-9, SB: 2
**Daily Four-Midday**
2-6-3-6, SB: 2
**Daily Four-Evening**
3-9-4-6, SB: 2
**Quick Draw Evening**
08-11-16-17-33-34-36-37-39-40-41-42-43-56-70-71-74-75-76-79, BE: 40

**Illinois**
**Lotto**
10-11-13-22-31-35, Extra Shot: 19
**LuckyDay Lotto Midday**
06-16-23-24-25
**Estimated jackpot**
$200,000
**Pick Three-Midday**
6-4-2, Fireball: 2
**Pick Three-Evening**
7-3-1, Fireball: 8
**Pick Four-Midday**
3-3-7-8, Fireball: 9
**Pick Four-Evening**
9-9-6-3, Fireball: 9
**Lucky Day Lotto**
02-19-26-27-29

*– The Associated Press*

## Contact us

To contact the Newsroom, send an email to one of the addresses listed below, call one of the direct lines listed below, or call our main office at 429-2400 and ask for one of the extensions listed below.

**News tip**
Ext. 293
localnews@TheHP.com

**Features**
Ext. 225
focus@TheHP.com

**Letters to the Editor**
Ext. 295
letters@TheHP.com

**Sports**
Ext. 294, or 429-1294
sports@TheHP.com

**Obituaries**
Ext. 295, or 429-2295
obits@TheHP.com

**Photo**
Ext. 204
photos@TheHP.com

To order reprints of staff photos or high-quality reproductions of full pages, visit www.TheHP.com and click on the Photo Gallery and Reprints link.

The Herald-Palladium

P.O. Box 128 • 3450 Hollywood Road • St. Joseph, MI 49085
Volume 152, Number 91

**For delivery and subscription information, call 269-429-1396 or email delivery@TheHP.com**
8 a.m.-4 p.m. Mondays-Fridays.
If your paper is missed, please call 269-429-1396.

**To place a classified ad, call 269-429-4484.**

**To reach any other department, call our main number at 269-429-2400.**

Main number hours are 8 a.m.-4 p.m. Mondays-Fridays.

Cash payments and checks are accepted during general business hours of 9 a.m.- 4 p.m. Mondays-Fridays. The Circulation and Classified departments can accept credit card payments via telephone during their normal hours.

Our building is open to the public 9 a.m.-4 p.m. Mondays-Fridays.

**MAIN FAX** 429-7661
**NEWSROOM FAX** 429-4398
**CLASSIFIED ADV. FAX** 429-8344

**Home delivery rates:**
Mail delivery $30.25/4 wks
EZ-Pay $26.40/month

*All subscriptions are payable in advance. Other payment options available by calling Subscriber Services at 269-429-2400.*

The Herald-Palladium is printed for your convenience with low-ruboff soy ink and with newsprint containing recycled paper.

**David Holgate** Publisher
**Dave Brown** Managing Editor
**Sara Horton** Advertising Director
**Julie Simpleman** Circulation Director
**Jenn Mann** Business Manager

The Herald-Palladium is published daily, Mondays through Saturdays, except for USPS holidays, at 3450 Hollywood Road, St. Joseph, MI and is a consolidation of The Herald-Press and The News-Palladium. Periodicals Mail postage paid at St. Joseph, MI (USPS 387-440). Postmaster: Send change of address to P.O. Box 128, St. Joseph, MI 49085. Member of The Associated Press.

PRINTED WITH SOY INK

## WEICH

From page A1

to complete this four-year term of approximately eight months."

Due to the pandemic and social distancing, committee members argued it would become difficult to train someone who has had no experience in the treasurer's office.

The motion was seconded by Mayfield.

According to a news release from Sepic, given the state of emergency, filing deadlines, and the impact of the COVID-19 pandemic, the committee chose to appoint a replacement for the short remainder of the term rather than proceed with the full application review and interview process.

*Contact: twittkowski@TheHP.com, 932-0358, Twitter: @TonyWittkowski*

## LAKESHORE

From page A1

to complete the assignments during the school closure.

"The answer to that question is yes, He said. "We believe in Lakeshore that we have an obligation to continue to provide the best possible education that we can under these circumstances. We believe that our students can still make significant gains in their learning this school year."

He said teachers are focusing on essential learning to prepare the students for the next grade level and graduates for college or the workforce.

But he said it's done based on the principle of no educational harm to any child. He said grades will be based on what the student's grade was during face-to-face instruction and on if the student showed progress in continuing to learn remotely.

"In short, much grace should be given in determining grades as we finish the year remotely," he said.

In other business, school board trustees approved giving Freeman emergency powers for as long as the school closure lasts.

In addition, Freeman said Roosevelt Elementary Principal Kristen Pennington is resigning effective June 30 to relocate to Grand Rapids. She was with the district for five years.

*Contact: lwrege@TheHP.com, 932-0361, Twitter: @HPWrege*

Auto Parts Since 1921
269-925-0035
August Pohl 2225 S. M-139
AUTO PARTS Benton Harbor
Specializing in used engines

**Berrien County Veterans Services**
701 Main Street • St. Joseph, MI 49085
(269) 983-7111 Ext. 8224
www.berriencounty.org/veterans

When it comes to Veterans Benefits, many veterans and dependents don't know what they don't know. Nationwide, less than 10% of those eligible apply. Let us help to educate and navigate you thru the maze of what is available from discharge to death. Here are some of the many benefits:

★ Disability Compensation benefits for prior conditions, diseases or injuries that occurred in service or many years later as a result of service (e.g. Agent Orange Exposure, Camp Lejeune Contaminated Water, Post Traumatic Stress Disorder – combat or personal trauma) to name a few.

★ PTSD Counselors from the South Bend Vet Center that comes to Berrien County twice a week.

★ Non-Service Connected Veterans Pension and Survivors Pension benefits (House Bound as well as Aid and Attendance) for low income veterans over age 65 or prior to age 65 that are disabled and have at least one day of wartime service (additional means tested restrictions apply).

★ Free transportation at designated stops for veterans enrolled in the VA Health Benefits Program to the VA Medical Center in Battle Creek and the VA Health Care Center in Mishawaka.

★ Financial assistance thru the Michigan Veterans Trust Fund for wartime veterans or peacetime veterans who earned an expeditionary medal (additional means tested restrictions apply).

★ Free financial coaching from an Accredited Financial Counselor and Financial Fitness Coach Counselor as well as ongoing Dave Ramsey's Financial Peace University Military Edition classes.

★ Please read our weekly "The Veterans Voice" article in MailMax Newspaper to learn more about additional benefits for veterans and dependents. Let us be of service to you for your service.

stay liquid, earn more

bonus builder money market

Up to 1.50% APY[1]
for 6 months on new accounts, minimum balance of $1,000, with eligible checking account

member since 2012

Open an account today and access your money anytime!

(888) 982-1400 | UnitedFCU.com

United FEDERAL CREDIT UNION we get U

Insured by NCUA.
Annual percentage yield (APY) accurate as of last dividend declaration date and subject to change after account is opened; advertised rate includes a 0.50% increase for an open United Rewards or Ultra Checking account with a positive balance and a 0.50% APY increase for accounts with a balance of $10,000+ as of the date dividends are paid, applicable for the first 185 days after account opening. APY dependent on balance: 0.00% APY on balance less than $1,000; 0.50% APY on balances of $1,000+; 0.70% APY on balances of $100,000+; and 1.00% APY on balances of $500,000+. Fees may reduce earnings on the account. Withdrawals limited to six per statement period. Minimum balance to open account is $1,000. Consumer money market accounts only; business accounts not eligible. For accounts opened 4/1/2020 through 4/30/2020.

hp LOCAL

Michigan Works! Berrien, Cass, Van Buren is open by appointment only.

For more information or to schedule an appointment:
(269) 927-1799 | www.miworks.org

MICHIGAN WORKS! Berrien • Cass • Van Buren

# Essential workers can be tested for COVID-19

## Priority given to those with symptoms

**By ALEXANDRA NEWMAN**
HP Staff Writer

Anyone still reporting for work in-person can now get tested for COVID-19 whether they have symptoms or not, but local health officials say those with symptoms, and other identified vulnerable groups, will be prioritized.

Michigan expanded its testing eligibility, as of Tuesday, to include all essential workers with potential COVID-19 exposure, whether symptomatic or asymptomatic, to help identify asymptomatic cases who may still be spreading the virus as they report to work.

Berrien County Health Department spokeswoman Gillian Conrad said local healthcare partners are still trying to coordinate efforts to ensure that the county does indeed have the capacity to now test a lot more people.

"And making sure that this message gets out correctly for our public," she said.

The new guidance includes the following statement: "critical infrastructure workers, including asymptomatic workers, may be tested only if specimen collection and testing capacity remains after testing other priority groups."

"There are still some groups that are going to be prioritized for testing, including hospitalized patients, those in long-term care facilities, and first responders/health care workers with symptoms," Conrad said.

Last week, Michigan expanded testing to anyone with symptoms, even just mild ones. Before that, only people with severe enough symptoms could get a COVID-19 test because of the scarcity of tests.

Conrad said testing capacity has increased some locally, but health officials are still being cautious.

"One very important note about this expanded testing: just because you are tested today and it's negative doesn't mean you couldn't test positive tomorrow," she said.

"The evidence shows that while there are some individuals who can test positive without symptoms, there is a much higher chance that you'll test positive if you have some symptoms, even mild ones."

### Getting tested

Conrad said essential workers looking to be tested are still encouraged to call their doctor or the Spectrum Health screening line, 616-391-2380, to start the process for testing.

As of Tuesday, to be tested at Lakeland's drive-thru facility at the Center for Outpatient Services, 3900 Hollywood Road, St. Joseph, people still need a doctor's order.

InterCare will test anyone with symptoms, as well as essential workers without symptoms, without a prior doctor's order at its Benton Harbor location, 800 M-139, Benton Harbor.

People can call 855-869-6900 to be pre-screened or may simply drive up for services between 9 a.m. and 4 p.m. Monday to Friday. Basic registration is required and testing will be administered upon assessment of symptoms, according to InterCare. Services will be provided regardless of primary care provider, insurance coverage or ability to pay.

### Two more deaths reported in Berrien

The Berrien County Health Department (BCHD) reported Tuesday that two more people have died from COVID-19 in the county.

This brings the county's death toll to 10.

In addition, the BCHD reported that there are now 170 confirmed positive cases, up from 164 reported Monday. Out of those 170 cases, 98 have recovered.

There are now 171 presumed positive cases, down from 173 reported Monday.

In Van Buren County, there were 34 positive cases reported Tuesday, up just one from the 33 reported Monday. Seven have recovered and two have died in the county.

Cass County remains at 22 positive cases, the same number reported each day since last Friday. One person has recovered and one has died in the county.

The state and county health departments update the number of positive COVID-19 cases at about 3 p.m. each day. For state numbers, visit www.michigan.gov/coronavirus.

Local numbers and information can be found at www.bchdmi.org, and at www.vbcassdhd.org/covid-19.

*Contact: anewman@TheHP.com, 932-0357, Twitter: @HPANewman*

## SPRING OUTING

Don Campbell / HP staff

Alyssa Rosenthal takes advantage of the mild spring weather as she enjoys an afternoon at Whirlpool Centennial Park in St. Joseph on Monday. A "Stay Home, Stay Safe" Executive order, which allows residents outside for exercise, remains in place for the state due the COVID-19 pandemic.

# Spectrum Health Lakeland set up to start taking plasma donations

## Each donation could save 2-6 lives

**By ALEXANDRA NEWMAN**
HP Staff Writer

ST. JOSEPH — Spectrum Health Lakeland now has a system in place for recovered COVID-19 patients to donate plasma to those still suffering from the virus.

"Locally we have a great need for donors. Each one could potentially save two to six lives if we have successful matching," said Mark Harrison, infectious disease specialist for Spectrum Health Lakeland, in a news release Tuesday.

Spectrum Health Lakeland performed its first transfusion of convalescent plasma last Friday. The transfusion of plasma from someone who has recovered from the virus to someone still fighting the virus is used when a new disease spreads rapidly and no other treatments or vaccines are available.

The hospital system is teaming up with Versiti Blood Centers to aid in the collection of the plasma.

To be considered as donors, patients who have had test-confirmed COVID-19 must be symptom-free for at least 14-days. They can then be scheduled for a second nasal swab test to verify that they are free of the COVID-19 virus. If patients have been symptom-free for greater than 27 days, no nasal swab is needed.

Patients who are interested in donating plasma, and had a positive COVID-19 test from Spectrum Health Lakeland, do not need to take any action. They will be contacted by the health system to discuss potential eligibility.

Interested patients who had a positive COVID-19 test from a health system other than Spectrum Health Lakeland should call 983-8261 or email Kelly Slavens at kslavens@lakelandhealth.org.

Patients who have not had a formal COVID-19 positive test are not eligible to donate plasma at this time, but researchers are working to potentially achieve this.

Convalescent plasma therapy is still being studied, but it rarely has side effects, is easy to administer and is affordable, according to Spectrum Health officials.

Spectrum Health is part of the National Convalescent Plasma Project for COVID-19 patients, which includes physician-scientists, universities and hospitals throughout the nation studying the use of convalescent plasma therapy on COVID-19 patients.

For more information on donating convalescent plasma, call 983-8261.

*Contact: anewman@TheHP.com, 932-0357, Twitter: @HPANewman*

**BERRIEN COUNTY TRIAL COURT**

# Benton Harbor man bound over for trial

## Suspect accused of murdering girlfriend

**By JULIE SWIDWA**
HP Staff Writer

ST. JOSEPH — A Benton Harbor man has been bound over for trial on a murder charge in the shooting death of a woman who was his girlfriend.

Marion Perry Jr., 22, will be tried on an open murder charge in the death of Uniqua Jones, 19. She died of a single gunshot wound to the abdomen. According to testimony, a bullet entered Jones near her rib and passed through several vital organs.

At a preliminary hearing by video from the Berrien County jail, Trial Court Judge Gordon Hosbein also bound Perry over for trial on charges of possession of a firearm by a felon, a 5-year felony; and weapons felony firearms, a 2-year felony. He faces up to life in prison if convicted on the open murder charge.

Benton Township Police Officer Stephen Chaffin told the court police were called at 6:11 p.m. Nov. 30, 2019, to an apartment in the Blossom Acres Housing Complex, 206 Concord, on a report of a woman having been shot. He said the shooting victim was lying on the floor with no pulse and not breathing. He said another woman was the only other person there.

Vera Jones, the grandmother of Uniqua Jones, testified that Uniqua and her boyfriend, Marion Perry, had been staying with her at her apartment. She said the evening of the shooting she was in her bedroom folding clothes when she heard a noise, and went out into the living room. The grandmother told the court her granddaughter was sitting in a chair and Perry was talking on the telephone.

"He gave me the phone and told me to talk to the police. He was telling the police she had been shot. Then she fell over onto the floor," the grandmother testified.

She said police arrived and began CPR, but got no response. She said she had heard Perry tell police on the phone that Uniqua had been shot outside and he had carried her into the apartment.

"He said he was going to go get her mother. He left before police arrived," Vera Jones told the court.

Perry's lawyer, Jeffrey Kaplan, asked her in cross examination whether she saw the shooting. She replied, "No. It happened outside." She said she did not hear a gunshot or see a gun.

See **TRIAL**, page A9

**BENTON HARBOR SCHOOLS**

# Board accepts $300,000 donation

**By LOUISE WREGE**
HP Staff Writer

BENTON HARBOR — Benton Harbor school board trustees accepted a donation of up to $300,000 from an anonymous donor Tuesday.

Superintendent Andrae Townsel said the money is to be used to fund school, climate and culture-related costs "and other donor-approved costs."

He said some of the money will be used to pay for the cost of having a school resource officer from the Berrien County Sheriff's Office for six months.

"The remaining funds will be used to offset costs already incurred for student monitoring," he said. "...We've already paid a lump sum of money out of our general fund. So it essentially puts money back into our general fund at no cost to us."

After the meeting, Townsel said the money will also be used to pay for bus monitors and people who are hired to support social and emotional learning.

"We're beyond excited, beyond grateful, and thankful for the opportunity to be able to continue to provide great education to our students," he said. "It will free up our general fund to give us a greater fund balance and ensure our fiscal stability in our district."

During the meeting, trustees also approved delaying for one week voting on the academic and financial operating plan put together by the Benton Harbor Area Schools Community Engagement Advisory Committee.

Townsel said he and his leadership team put together several recommendations on how the plan should be augmented to reflect what is already happening in the district. Those suggestions were

See **DONATION**, page A9

# The Herald-Palladium CLASSIFIEDS

**Classified Desk:** 1-855-317-4292
**Hours:** Monday - Friday 8am-4pm EST
Saturday & Sunday 8am-11am EST

## REAL ESTATE FOR RENT

### UNFURNISHED APARTMENTS

**La PORTE**

Charmig
2 bedroom apt.

No pets!

$600 per month
Plus utilities

219-872-4731

---

**Michigan City**, IN
Gorgeous, historic apartments
all hardwood floors
All appliances included, half basement with washer and dryer.
4 bedroom
$900/mos.
Front & rear porch.
2 / 1 bedrooms
$800 each
All incl.
Call Mike
(219) 465-8884

## REAL ESTATE FOR SALE

## LEGALS

## ANNOUNCEMENTS

## EMPLOYMENT

Sell Your In The Classifieds!

### MEDICAL/DENTAL

**Locally owned** dental practice,

Michigan City Dental P.C.

Is looking for a:

- Dental Assistant,
- Cross-trained Front Desk Staff Member
- Dental Hygienist.

Fore more information please email MichiganCityDental@gmail.com

### GENERAL HELP

**Riverside, MI**
Hagar Township is seeking a Maintenance Supervisor.
Letters of interest and resume due to Township Hall by 1:00 PM on Thurs, May 7, 2020.
Job description is posted at the Township Hall or email hagarclerk@gmail.com

---

**South Haven**, MI
Immediate Openings for people comfortable working with tools.
Training provided.
$15.00/hr starting wage. Valid drivers license and some paid travel required.
Career Opportunities, Grow with the company
Call (269) 207 1600 or Email dcooper@adapt-technologies.net

### EMPLOYMENT INFORMATION

**GALIEN TOWNSHIP**
305 Kiley Drive,
P.O Box 246,
Galien, MI 49113
269-545-8143

Galien Township Sexton Position Available

The Galien Township Board is seeking a Cemetery Sexton. Duties will include opening and closing of graves, snow plowing and pouring of foundations.
Interested parties should submit a letter of interest along with references to the Galien Township PO Box 246, Galien, MI 49113 or by email to jen.galientwp@gmail.com.
Letters and references due by May 18th.

## FINANCIAL

## GARAGE /ESTATE SALES

## MERCHANDISE

### HOUSEHOLD GOODS

**40" FLAT** SCREEN VIZIO TV
$75
Call (219) 872-4092

### WANTED TO RENT/ BUY/TRADE

**Benton Harbor**, MI
3 Pillars Music is looking to buy record albums from 1970s to present, older guitars and music memorabilia.
Please contact Tom at 269-313-7001 or 3pillarsmusic@gmail.com

---

**Watervliet, MI**
Buying junk Vehicles & Scrap Metal
Call Ray @ 269-463-3565

### MISC. ITEMS FOR SALE

**Benton Harbor**, MI
Craftsman 18.5hp 46" cut triple bagger lawn mower $275
Oliver Supreme 20 bushel manure spreader $225

## PETS

### CATS/DOGS/PETS

**Coloma, MI**
Great Pyrenees Puppies
Males and Females
Vaccinated,
Wormed,
Ready to go home.
Can show outside for safety.
$300
Text or call:
269-944-1294

---

**DOG TRAINER**
Will make house calls.
269-612-2004

## FARM

### FARM EQUIPMENT

**Michigan City**, IN
Hay for sale
first through third cutting
has never been rained on
219-879-5684

## TRANSPORTATION

Sell Your

In The Classifieds!

### BOAT SLIPS

**Marina Park** South
50' Boat Slips (2)
Many Amenities
Call 219-929-8858

---

**New Buffalo**, MI
41' Boat Slip
$17,000
Includes all Amenities
Call 708-799-9469

GREAT DEAL

### MOTORCYCLES

**MOTORCYCLES WANTED**

All makes/models
Harley Davidson
Honda, Yamaha
Suzuki, Kawasaki
Ducati, KTM
Triumph
"Dead or Alive"
$$ Cash Paid $$
Reasonable
Will pick up
630-660-0571

## HOROSCOPE

By EUGENIA LAST

**WEDNESDAY, APRIL 22**

Break old habits and enforce positive change. The harder you push, the more you will accomplish. A partnership must be balanced and fair if it is to thrive. Cleaning up after everyone else won't help you reach your full potential. Be honest and do what's best for you.

**TAURUS (April 20-May 20)** Enhance your chance to advance. Let your work speak for you instead of your words. An offer that is too good to turn down awaits you. Don't argue over petty differences.

**GEMINI (May 21-June 20)** Your persuasive charm will influence others to see things your way. A connection you make will grow into a supportive relationship that will help you reach your life goal. Romance is featured.

**CANCER (June 21-July 22)** Keep your thoughts to yourself. Your best efforts will bear fruit if you concentrate on doing a good job and finishing what you start. Take care of your responsibilities before doing anything else.

**LEO (July 23-Aug. 22)** You'll be a crowd-pleaser today, but your efforts may not be as warmly received by someone close to you. Don't neglect the people you love. A kind gesture will be appreciated.

**VIRGO (Aug. 23-Sept. 22)** Embrace change and keep moving forward. Consider an offer that will encourage you to grow personally, intellectually and financially. Avoid getting involved in a joint venture.

**LIBRA (Sept. 23-Oct. 23)** Consider the best way to get ahead in the shortest time. Failing to disclose your feelings will lead to unwanted responsibilities. Leave yourself time for enjoyment, romance and personal growth.

**SCORPIO (Oct. 24-Nov. 22)** Make a change at home. A move or investment will give you the time and space you need to succeed. Procrastination will be what holds you back. Embrace new beginnings.

**SAGITTARIUS (Nov. 23-Dec. 21)** Don't take on too much. Consider what will bring the highest return and the best response from the people you care about most. Romance is on the rise.

**CAPRICORN (Dec. 22-Jan. 19)** Look over your options and consider your long-term goals. Keep your emotions under control and make decisions based on facts and figures. Say no to someone asking for too much. Moderation is encouraged.

**AQUARIUS (Jan. 20-Feb. 19)** Question your direction. Don't let depression hold you back. Walk away from people who bring you down or limit what you can do. Aim for personal gain and a healthier lifestyle.

**PISCES (Feb. 20-March 20)** Consider what's realistic before you jump into something unfamiliar to you. Someone will mislead you due to ulterior motives. Protect your heart and assets.

**ARIES (March 21-April 19)** Emotions will swell up quickly. Don't overreact or say or do something you'll regret. Take a deep breath and a step back, and consider what's best for you. Personal growth is favored.

**Responding to employment ads that contain a Herald-Palladium box #**

No telephone calls please! We will not reveal the name of the box holder.
(A) Reply with your sealed letter Addressed as follows:

Box (# that appears in ad)
c/o the Herald-Palladium
P.O. Box 128
St. Joseph, MI
49085-0128

If you wish to reply to a box number and NOT have your letter sent to certain firms, then: B) attach a note listing which firms are NOT to receive your letter; and (C) send every thing in ANOTHER E N V E L O P E addressed as follows:

The Herald-Palladium
Classified Department
P.O. Box 128
St. Joseph, MI
49085-0128

If the advertiser is among the names you don't want to contact, we will destroy your sealed letter.

**E-Mail Responses**
You may also reply to ads with Herald-Palladium box numbers by e-mail. Do not attach your resume rather type it or copy & paste it directly into your e-mail program. Send your e-mail to: jobs@heraldpalladium.com

If you wish to reply to a box number and NOT have your letter sent to certain firms, then begin your e-mail with any company(s) where you do not wish to apply. Then include the Herald-Palladium box address as shown above.

**Employment Advertisers Who Wish to Remain Anonymous**
To protect our readers, Herald-Palladium policy requires that all companies list their names when placing ads in our publication. Employment advertisers who wish to remain anonymous must rent Herald-Palladium boxes so that we can insure our readers that they are not responding to their current employers or any other company to which they do not wish to apply.

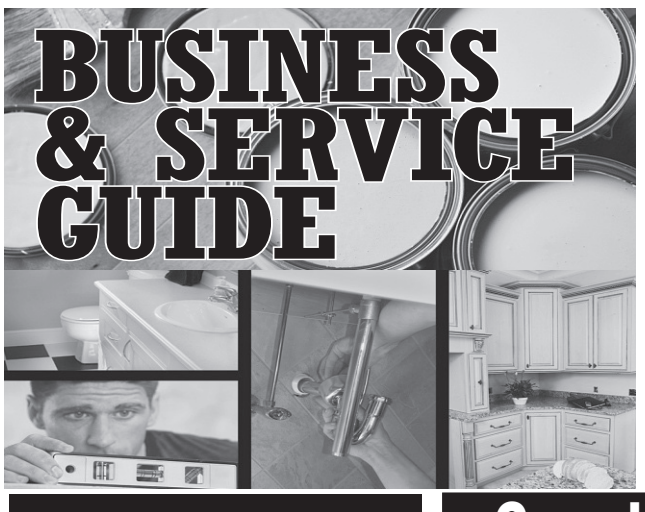
**Box Charges**
Boxes are reserved for 30 days after last day of ad publication. The charge is:
$10. per box- you pick-up responses.
$15. per box - We fax all responses to you on a daily basis.
$25. per box- We mail responses to you once per week.
When readers respond to your ad via e-mail, we will forward them to you immediately if you provide us with an e-mail address or we will print and handle them in the manner that you request.

The Herald-Palladium

Grow
MOREL MUSHROOMS
CREATE A MOREL GARDEN IN YOUR BACK YARD
We provide the seed and easy to use instructions for preparing an outdoor *Morel Habitat*.
You just sow the seed, maintain the *Morel Habitat*, and pick and enjoy pounds of fresh Morels
$32.95 + $8.65 S/H -- ORDER 707-829-7301
GOURMET MUSHROOMS
P.O. BOX 515 CN9 * GRATON, CA 95444
www.gmushrooms.org
Spawn Guaranteed to Produce

SELL YOUR ITEMS IN THE CLASSIFIEDS TODAY!

...BECAUSE MONEY DOESN'T GROW ON TREES!




**CARPENTRY**

Richter's Carpentry
Specializing in basement remodeling, drywall, drop ceilings, doors & trim.
No job too small.
20+ years in Business.
944-0236

**ROOFING**

Demler Roofing
Over 40 Years Experience
Baroda, MI
269-422-2542
Licensed & Insured
Shingles are our Specialty

Grow your business!
Call Angelique at 855-317-4292 Ex. 701, to find out how

Complete Tree Service
- Senior & Veteran Discounts -

Willie Nearn Jr.
and Associates
269-532-8156
Making things happen by getting things done
TRIM YOUR TREES BEFORE THE LEAVES!

DO YOU RUN YOUR OWN BUSINESS?
Get More Exposure!
ADVERTISE WITH US TODAY!

# hp FOOD

## Eat more and lose weight with Haylie Pomroy's book

Have you heard of the "quarantine 15"?

I hadn't until I started reading that the average amount of weight gained when you're stuck inside is about 15 pounds.

**Jane Ammeson**

With all that's going on – a raging pandemic, high unemployment and the uncertainty of everything – anxiety rates for most of us are sky high.

According to a Yale University study, when we're under chronic stress, we tend to eat nutrient-dense foods that are high in sugar and fat. You're probably reading this and thinking, "I know that. I just made a pan of brownies and ate them all."

Fortunately, my friend Bridget Nocera sent me a copy of "Cooking For a Fast Metabolism: Eat More Food and Lose More Weight" by Haylie Pomroy.

Known as a nutritionist to the stars, Pomroy's clients include Jennifer Lopez, Reese Witherspoon, Angela Bassett, Cher, Robert Downey Jr., and Sean Combs. She's also the author of the "The Fast Metabolism Diet."

The idea of eating more and losing weight certainly is appealing, and so is any diet that could make us look like Lopez or Witherspoon (or Downey or Combs), but it's often difficult following strict dietary regimes – I'm looking in the mirror as I type that.

That's what makes Pomroy's book great. The recipes are yummy and simple to make. They don't require a lot of unique ingredients that we probably wouldn't be able to find right now even if we wanted to buy them, and we can just jump in and choose the dishes we want to make.

Though, of course, it would help if we didn't make another pan of brownies.

"You don't have to be on a 'plan' to change your health," Pomroy says. "All you have to do is get in the kitchen and learn how to use real, whole-food ingredients to transform your body, speed up your metabolism, and get all your systems working better."

Here are a few good recipes from her book to get you started:

### Turkey Bacon-Spinach Egg Cups

*Makes 6 servings.*

1/4 cup chicken broth
1 cup scallions, thinly sliced
3 garlic cloves, minced
2 (10-ounce) boxes frozen chopped spinach, thawed in a strainer and drained
1/2 teaspoon sea salt
1/4 teaspoon freshly ground black pepper, plus a little for the tops of the egg cups
1/2 cup shredded almond cheese or other dairy-free, soy-free cheese (optional)
12 slices nitrate-free, sugar-free turkey bacon
6 large eggs

Heat the oven to 350 degrees.

Line a 6-cup muffin tin with paper liners or parchment paper squares.

Heat a medium nonstick skillet over medium-high heat. Add the broth, scallions and garlic, and cook until the scallions are tender. Stir in the spinach, salt and pepper, and cook until hot, stirring constantly, about 5 minutes. Remove from the heat, and stir in the almond cheese (if using). Set aside.

Cut each slice of turkey bacon in half crosswise. Line each muffin cup with 2 bacon pieces, crisscrossed into an "X" shape. Divide the spinach mixture among the muffin cups, filling them evenly. Crack one egg into each cup and sprinkle with a little more pepper.

Bake for about 20 minutes, or until the eggs are set (or cooked to the degree of doneness you prefer). Remove the egg cups from the oven.

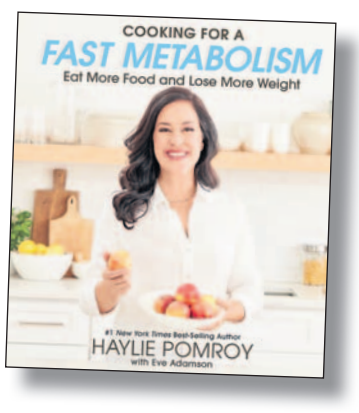
### Chicken Piccata

*Makes 4 servings.*

4 boneless, skinless chicken breasts
12 ounces brown rice vermicelli (angel hair) pasta
4 tablespoons olive oil, divided

Photo provided / Michael Hulswit and Aline Ponce

**Spinach-and-Mushroom-Stuffed Flank Steak is featured in "Cooking For a Fast Metabolism," seen below.**




1/4 cup oat flour or almond flour
1/2 teaspoon sea salt
1/4 teaspoon freshly ground black pepper
1 shallot, minced
1 cup chicken broth
Juice of 2 lemons, plus 8 thin slices lemon
1/2 cup coconut milk or unsweetened almond milk creamer
1/4 cup capers
1/4 cup fresh flat-leaf parsley leaves, chopped

Heat the oven to 250 degrees. Place a shallow baking pan in the oven – you will use this to keep the chicken warm.

Put the chicken breasts between two sheets of plastic wrap and pound them with a kitchen mallet until they are about 1/2-inch thick.

Bring a large pot of water to a boil over high heat. Add the vermicelli, and cook according to the package directions. Drain and set aside.

Meanwhile, in a large skillet, heat 2 tablespoons of the olive oil over medium-high heat.

Put the flour on a shallow bowl or plate, and sprinkle the salt and pepper over it. Dredge the chicken breasts in the flour mixture, shaking off any excess, and place two of them into the skillet. Cook for 4 minutes on each side, or until the chicken is cooked through, golden brown and crispy.

Transfer the chicken to the pan in the oven. Heat the remaining 2 tablespoons olive oil and repeat with the remaining two chicken breasts.

Add the shallot to the pan, and sauté, stirring continuously, for 2 minutes. Add the broth and stir, scraping up any stuck pieces from the bottom of the pan. Stir in the lemon juice, coconut milk and capers.

Bring the sauce to a low simmer and cook, stirring continuously, for 3 minutes. Remove from the heat.

To serve, divide the vermicelli among four plates. Top each with a chicken breast.

Cover each chicken breast with sauce. Garnish with the lemon slices and parsley.

### Spinach-and-Mushroom-Stuffed Flank Steak

*Makes 4 servings.*

3 tablespoons olive oil, divided
1 1/2 cups white mushrooms, finely chopped
1/2 cup yellow onion, finely chopped
2 garlic cloves, minced
1 teaspoon fresh rosemary
1 tablespoon liquid aminos
1 teaspoon sea salt, divided
1 teaspoon freshly ground black pepper, divided
1 pound flank steak, cut into 4 pieces, each piece butterflied
1 slice sprouted-grain bread, toasted and chopped into crumbs
1 cup fresh baby spinach
1 pound fresh Brussels sprouts, trimmed and cut in half
6 tablespoons scallions, thinly sliced

Heat the oven to 350 degrees. Line two baking sheets with parchment paper.

In a medium skillet, heat 1 tablespoon of the olive oil over medium-high heat. Add the mushrooms and onion, and saute until the onion is just turning golden brown, about 8 minutes.

Add the garlic, and sauté for 2 minutes more. Stir in the rosemary, liquid aminos, 1/2 teaspoon of the salt and 1/2 teaspoon of the pepper. Remove from the heat and set aside.

On a large cutting board, lay out the steaks. Cover each one with 1/4 of the mushroom mixture, spreading it almost to the edges. Top each with 1/4 of the breadcrumbs and 1/4 cup of the spinach, and drizzle with 1 tablespoon of the olive oil.

Tightly roll up the steaks, securing them with toothpicks, and put them on one of the prepared baking sheets.

In a large bowl, toss the Brussels sprouts with the remaining 1 tablespoon olive oil and remaining 1/2 teaspoon each salt and pepper. Spread them out on the other baking sheet.

Put both baking sheets in the oven, steak on top, Brussels sprouts below, and bake for 30 minutes.

Remove the steak from the oven and cover with aluminum foil. Turn on the broiler and move the Brussels sprouts to the top rack.

Broil the sprouts for about 5 minutes, or until they start to look crispy (they can burn fast, so watch them closely). Remove them from the oven.

Uncover the steak rolls and slice each in half crosswise. Separate the halves and arrange them in a V shape on a plate. Drizzle with any juices left in the pan and top with the scallions. Serve with the Brussels sprouts on the side.

*Jane Ammeson can be contacted via email at janeammeson@gmail.com or by writing to Focus, The Herald-Palladium, P.O. Box 128, St. Joseph, MI 49085.*

## These are the top recipes the world has been Googling

As night follows day, as a rainbow follows the storm, so too does home cooking follow a pandemic. Apparently.

**Daniel Neman**

It turns out that in these stay-at-home days, a lot of us are taking the sometimes unfamiliar time in our kitchens to do a little cooking. Which means that a lot of us are looking up recipes on the internet.

Google Trends has been keeping track of the recipes people have been searching for all around the world for the last 30 days (Google knows all. Google sees all. Google is all.) The results are both surprising and not so surprising.

Not surprising is the fact that people are looking up more recipes now than at any time in the still-not-very-long history of the internet.

Perhaps surprising is the fact that, based on the recipes that are being searched, Americans and people influenced by our taste seem to utterly dominate the internet.

Unsurprising is the fact that the folks or algorithms at Google Trends include hand sanitizer as one of the recipes that people are looking for, along with all of the various foods. A recipe is a recipe, I suppose.

And there it is, hand sanitizer, sitting clean but un-nutritious at No. 3.

But when you look at the other nine items on the list, perhaps it belongs there after all, at least in terms of healthful eating.

What we want to eat in this Pandemic Age are sweets, treats and meals from our childhood. It is like an offshoot of comfort food – it's comfort food that is also a little bit of a celebration. It's comfort food with calories.

No. 1 on the list is banana bread, which is clearly more of a dessert than a bread. It's what you make when you don't quite want to eat those bananas but you you can't quite bear to part with them yet, either.

Dreamstime / TNS

**Banana bread is the most searched-for recipe right now, according to Google Trends.**

What we can learn from this is that a lot of quasi-quarantined people are buying more bananas than they can use.

The second recipe on the list is pizza dough, which is certainly encouraging to those of us who advocate home cooking. Frozen and refrigerated pizza doughs are available, and yet people are choosing to make their own. Or maybe the stores are out of the frozen and refrigerated types; after all, homemade pizza sauce is not on the top-10 list.

No. 3, as we have mentioned, is hand sanitizer. Um ... yum?

French toast, the fourth most-searched recipe, is the epitome of what people seem to be looking for in these still-unusual times: It is not an everyday meal, it is something a lot of us associate more with childhood than adulthood, it has more calories than are good for you, and it is delicious and easy to make.

Next on the list is chocolate cake, which, to be honest, I never even think about unless it's somebody's birthday. I'm guessing my fellow shut-ins have the same associations with it (childhood, celebration, fattening), which is why so many of us seem to be making it.

I hadn't even heard of No. 6 on the list, dalgona coffee. Apparently, it is everywhere on the internet, especially Instagram and TikTok. But I don't tik, I don't tok and I don't gram.

So I was blissfully ignorant of this massively popular drink from South Korea that floats whipped coffee and sugar – two whole tablespoons of sugar – on top of milk.

We're talking 252 calories for a single serving, with 36 grams of sugar and 40 grams of carbohydrates. That's more in each category than a Snickers bar.

The seventh searched-for recipe is the exception that (otherwise) proves the rule: chicken breasts. There are many ways to make chicken breasts, and people at home are presumably looking for new ones. Sometimes a cigar is just a cigar.

But No. 8? That's carrot cake. Now we're talking.

When done right, carrot cake is the most sublime dessert known to man. It's the best way I know to pack calories on top of calories and make it seem healthy because it has carrots in it.

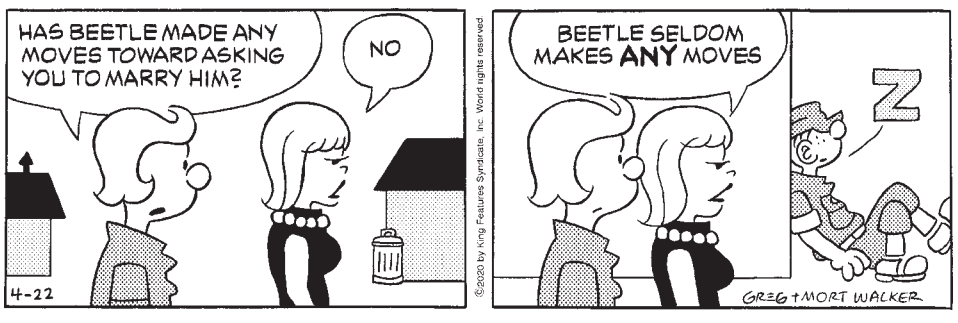
Ground beef, at No. 9, is like the chicken breasts: it's versatile and it's relatively inexpensive. People are looking for recipes for it because they have ground beef on hand and are looking for new, non-hamburger ways to make it.

And coming in at No. 10 is, let me see, fried rice.

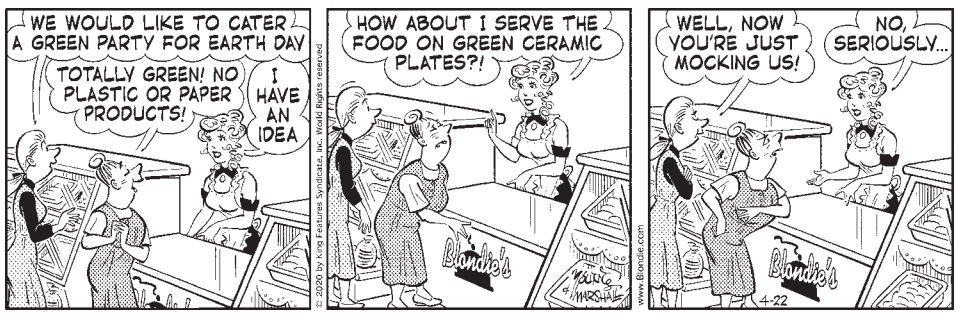
Really? I mean, I like fried rice fine, or at least I don't actively dislike it. But the 10th most-searched recipe on the internet during a virus? And one of the 10 was hand sanitizer? I don't get it.

*Daniel Neman is a food writer for the St. Louis Post-Dispatch.*

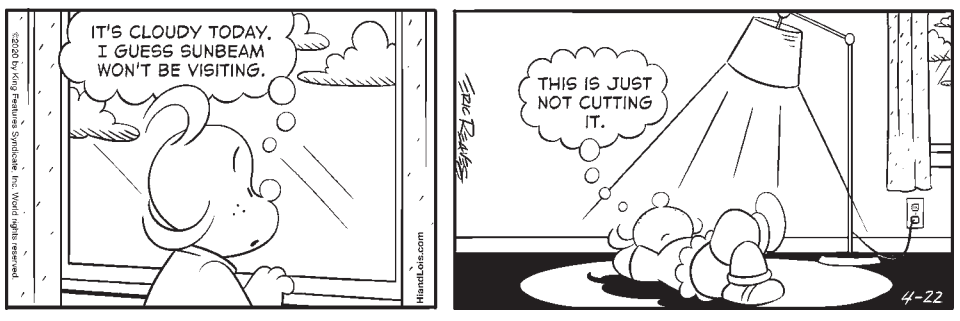
## BEETLE BAILEY


HAS BEETLE MADE ANY MOVES TOWARD ASKING YOU TO MARRY HIM?
NO
4-22
©2020 by King Features Syndicate, Inc. World rights reserved
BEETLE SELDOM MAKES ANY MOVES
Z
GREG + MORT WALKER

## BLONDIE


WE WOULD LIKE TO CATER A GREEN PARTY FOR EARTH DAY
TOTALLY GREEN! NO PLASTIC OR PAPER PRODUCTS!
I HAVE AN IDEA
© 2020 by King Features Syndicate, Inc. World Rights reserved
HOW ABOUT I SERVE THE FOOD ON GREEN CERAMIC PLATES?!
Blondie's
WELL, NOW YOU'RE JUST MOCKING US!
NO, SERIOUSLY...
Blondie's
www.Blondie.com
4-22

## HI & LOIS


IT'S CLOUDY TODAY. I GUESS SUNBEAM WON'T BE VISITING.
©2020 by King Features Syndicate, Inc. World rights reserved
HiandLois.com
THIS IS JUST NOT CUTTING IT.
4-22

## BC

A LATRINE HOLE!
JohnHartStudios.com
4-22-20
THANK GOODNESS. I'VE BEEN HOLDING IT FOR HOURS.
©John Hart Studios Inc. All rights reserved
HAS ANYONE SEEN MY PET TRAPDOOR SPIDER?
WAS THAT SCREAMING?
Dist. by Creators

## WIZARD OF ID

WHETHER 'TIS NOBLER IN THE MIND TO SUFFER THE SLINGS AND ARROWS OF...
RODNEY!
4-22-20
Wizardofid.com
©John Hart Studios Inc. All rights reserved
Dist. by Creators
CAN YOU JUST SAY RETREAT?!
Facebook.com/WizardOfId

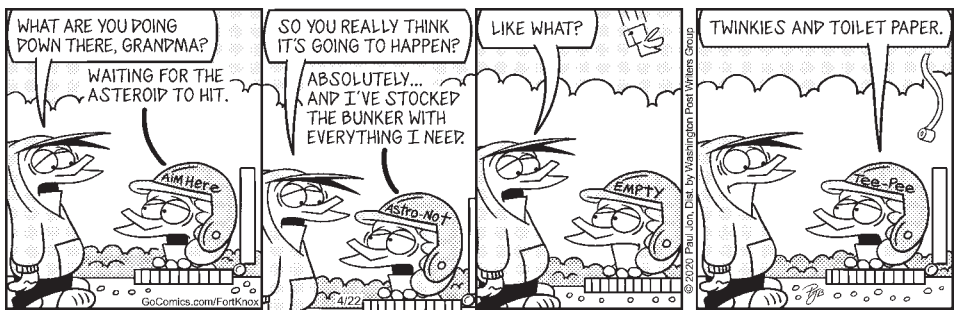
## DILBERT

YOU HAVE NOTHING TO FEAR FROM THE CORONAVIRUS BUT FEAR ITSELF.
DILBERT.COM
@SCOTTADAMSSAYS
OBVIOUSLY, THE FEAR WILL INCREASE YOUR CORTISOL LEVELS AND DEPRESS YOUR IMMUNE SYSTEM SO THE VIRUS CAN FINISH YOU OFF.
4-22-20 2020 Scott Adams, Inc./Dist. by Andrews McMeel
NOW I'M SCARED.
DEAD MAN WALKING!

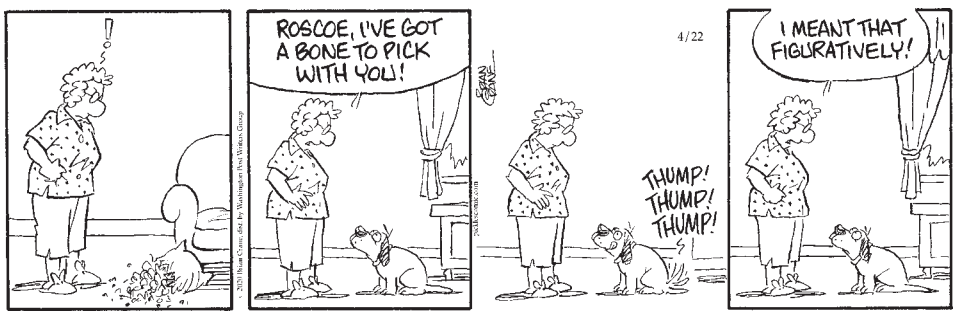
## GARFIELD

WOULD YOU LIKE A COOKIE?
OR A DONUT?
WHAT IS THIS "OR" STUFF OF WHICH YOU SPEAK?
JIM DAVIS 4-22
Distributed by Andrews McMeel Syndication

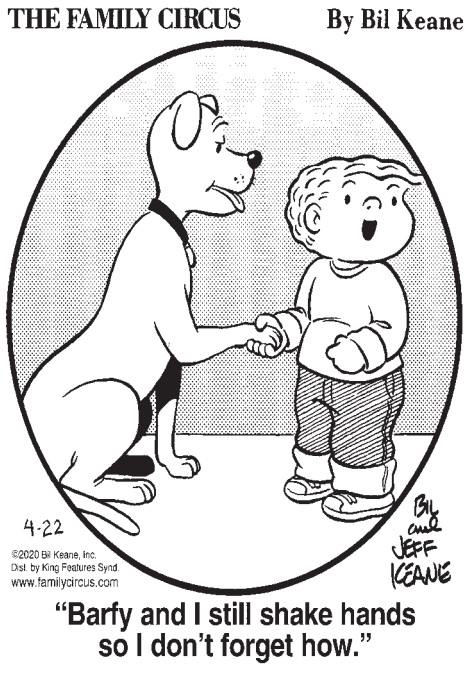
## FORT KNOX


WHAT ARE YOU DOING DOWN THERE, GRANDMA?
WAITING FOR THE ASTEROID TO HIT.
Aim Here
SO YOU REALLY THINK IT'S GOING TO HAPPEN?
ABSOLUTELY... AND I'VE STOCKED THE BUNKER WITH EVERYTHING I NEED.
Astro-Not
LIKE WHAT?
EMPTY
TWINKIES AND TOILET PAPER.
Tee-Pee
GoComics.com/FortKnox
4/22
© 2020 Paul Jon. Dist. by Washington Post Writers Group

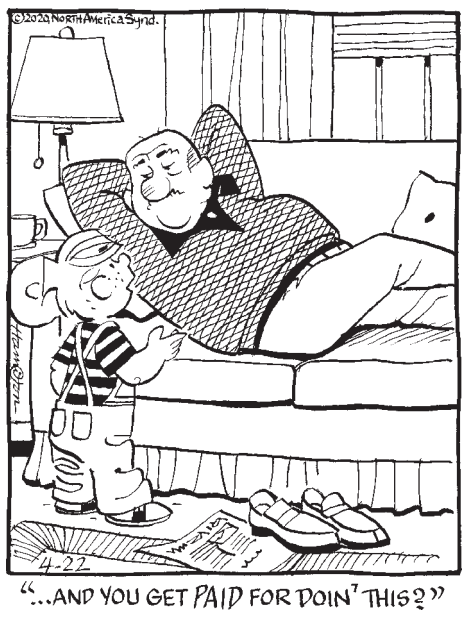
## PICKLES




## FAMILY CIRCUS


THE FAMILY CIRCUS
By Bil Keane
4-22
©2020 Bil Keane, Inc.
Dist. by King Features Synd.
www.familycircus.com
Bil and JEFF KEANE
"Barfy and I still shake hands so I don't forget how."

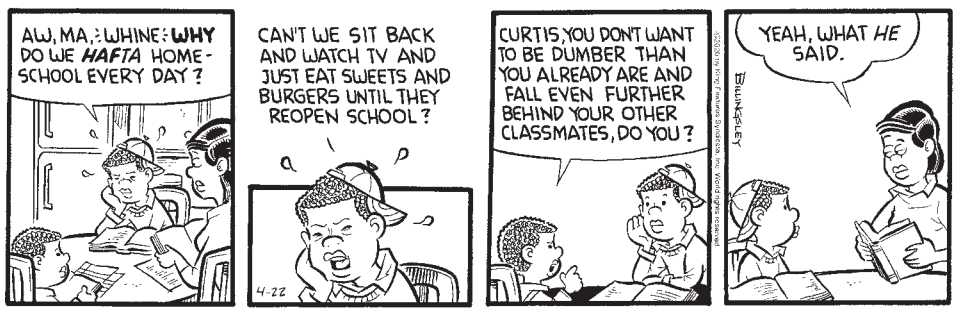
## DENNIS THE MENACE



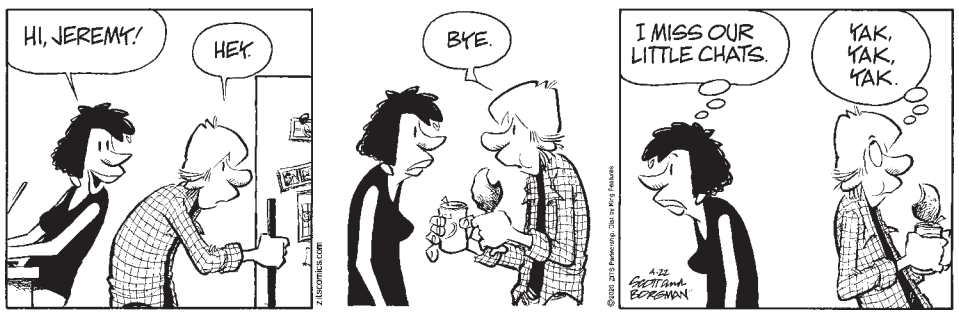

## BABY BLUES

DAD, WILL YOU SIGN MY PETITION?
PETITION FOR WHAT?
IT DOESN'T MATTER. JUST SIGN.
I NEED TO KNOW WHAT I'M AGREEING TO BEFORE I SIGN!
DAD HAS TRUST ISSUES.
AND WEIRD-LOOKING TOENAILS. HAVE YOU NOTICED?
KIRKMAN & SCOTT

## CURTIS

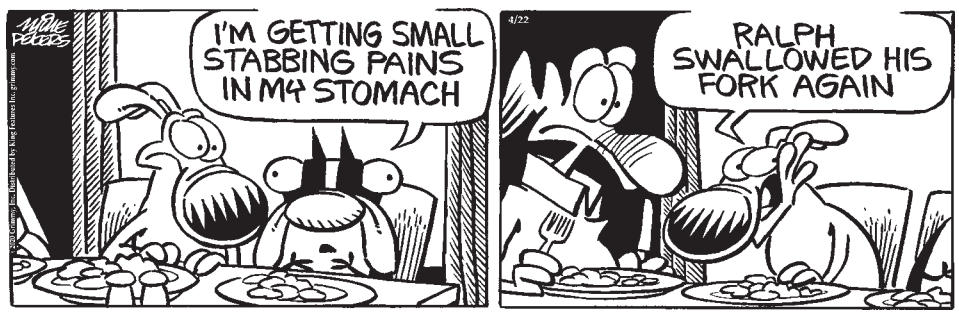

AW, MA, I WHINE! WHY DO WE HAFTA HOME-SCHOOL EVERY DAY?
CAN'T WE SIT BACK AND WATCH TV AND JUST EAT SWEETS AND BURGERS UNTIL THEY REOPEN SCHOOL?
CURTIS, YOU DON'T WANT TO BE DUMBER THAN YOU ALREADY ARE AND FALL EVEN FURTHER BEHIND YOUR OTHER CLASSMATES, DO YOU?
YEAH, WHAT HE SAID.
BLUMBERG

## ZITS



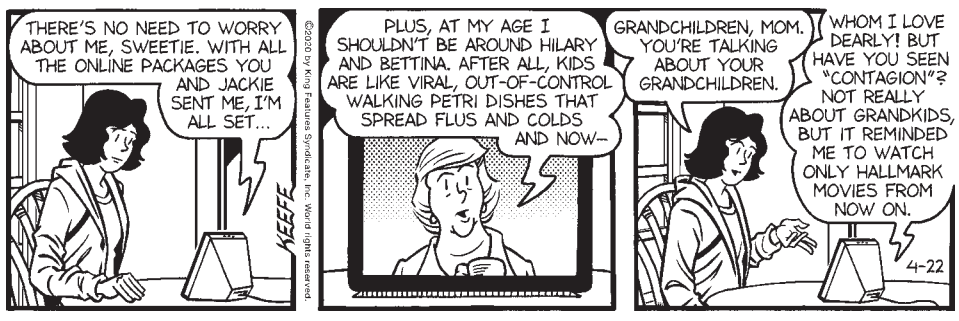

## HAGAR THE HORRIBLE

## MOTHER GOOSE & GRIMM




## MUTTS

## SALLY FORTH


THERE'S NO NEED TO WORRY ABOUT ME, SWEETIE. WITH ALL THE ONLINE PACKAGES YOU AND JACKIE SENT ME, I'M ALL SET...
KEEFE
PLUS, AT MY AGE I SHOULDN'T BE AROUND HILARY AND BETTINA. AFTER ALL, KIDS ARE LIKE VIRAL, OUT-OF-CONTROL WALKING PETRI DISHES THAT SPREAD FLUS AND COLDS AND NOW—
GRANDCHILDREN, MOM. YOU'RE TALKING ABOUT YOUR GRANDCHILDREN.
WHOM I LOVE DEARLY! BUT HAVE YOU SEEN "CONTAGION"? NOT REALLY ABOUT GRANDKIDS, BUT IT REMINDED ME TO WATCH ONLY HALLMARK MOVIES FROM NOW ON.
4-22


# Find The Herald-Palladium on social media

Facebook
HeraldPalladium

Instagram
@HeraldPalladium

LinkedIn
The Herald-Palladium

The Herald-Palladium

Twitter
@HeraldPalladium

Dave Brown
@HPEditor

Dale Brewer
@HPBrewer

Jason Mitchell
@HPJasonMitchell

Andy Steinke
@DecodingDadhood

Don Campbell
@HPDonCampbell

Tony Wittkowski
@TonyWittkowski

Alexandra Newman
@HPANewman

Louise Wrege
@HPWrege

Jane Ammeson
@HPAmmeson

John Matuszak
@HPMatuszak

Julie Swidwa
@HPSwidwa

Ben Sanders
@HPBenSanders

Maxwell Harden
@HPMaxwellHarden

Ben Spencer
@HPBenSpencer

## PRIME TIME TV

**WEDNESDAY EVENING APR. 22**

| | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 |
|---|---|---|---|---|---|---|---|
| ABC 7 13 41 57 | Wheel of Fortune | The Goldbergs (N) | Schooled (N) | Housewife | Single Parents | Who Wants to Be a Millionaire (N) CC | |
| CBS 2 3 22 | Ent. Tonight | Survivor "This Is Extortion" (N) CC | | :01 SEAL Team "Edge of Nowhere" | | S.W.A.T. "Vice" (N) CC | |
| NBC 5 8 16 | Ac. Hollywood | Chicago Med "It May Not Be Forever" | | Chicago Fire "A Chicago Welcome" | | Chicago P.D. "The Devil You Know" | |
| FOX 17 222 28 32 | Modern Family | The Masked Singer The four remaining singers battle. (N) CC (DVS) | | | | Fox 17 News at 10:00PM (N) CC | |
| PBS 34 | Outdoor Elements | Climate Change: The Facts (N) CC | | H2O: The Molecule That Made Us CC | | NOVA Research on megafloods. | |
| CW 25 | Big Bang Theory | People Presents Harry & Meghan: A Royal Rebellion Prince Harry and Meghan Markle. | | | | News | Seinfeld CC |
| MNT 50 | Family Feud (N) | Chicago P.D. "Remember the Devil" | | Dateline "The Target" CC | | Dateline A film executive goes missing. | |
| WCIU 26 | Mike & Molly | People Presents Harry & Meghan: A Royal Rebellion Prince Harry and Meghan Markle. | | | | 2 Broke Girls | 2 Broke Girls |
| WHME 46 | :00 Heartland | Heartland CC (DVS) | | Highway to Heaven CC | | Nightly News | |
| WGN 9 | News | black-ish "VIP" | black-ish CC | Last Man Standing | Last Man Standing | WGN News at Nine (N) (L) CC | |
| A&E | :00 Ghost Hunters | Ghost Hunters "Proof of Afterlife" | | Ghost Hunters "Nightmare Camp" | | Celebrity Ghost Stories "Paula Abdul" | |
| AMC | Lord of the Rings | ★★★ Top Gun ('86) Tom Cruise. A hot-shot Navy jet pilot downs MiGs and loves an astrophysicist. | | | | | Perfect Storm |
| Animal | North- | North Woods Law | | North Woods Law | | North Woods Law | |
| BET | News | Saving- BET's COVID-19 Relief Effort | | | | COVID-19 Reli. | |
| Big Ten | BTN in 60 | Journey | MSU Classic | | BTN Basketball in 60 | | Journey |
| Bravo | Housewives | Real Housewives/ Beverly | | Summer House (N) CC | | Watch What | Housewives |
| Cartoon | Craig | Home | Burgers | Burgers | Rick | American | American |
| Cinemax | 6:15 Annapolis | ★★★ Déjà Vu ('06, Suspense) Denzel Washington, Val Kilmer. CC | | | | :10 ★★★ The Hurricane ('99) CC | |
| CMT | Last Man | Mom | Mom | Mom | Mom | Mom | Mom |
| CNBC | CNBC | Shark Tank CC | | Shark Tank | | Jay Leno's Garage | |
| CNN | OutFront | Anderson Cooper | | Cuomo Prime Time | | CNN Tonight | |
| Comedy | Yankers | South Pk | South Pk | South Pk | South Pk | South Pk | Yankers |
| Discovery | Expedition Un. | Expedition Unknown (N) CC | | Great Global Clean Up (N) CC | | :01 Operation Croc Rescue (N) CC | |
| Disney | Monkey | The Next Generation | | ★★★ Penguins ('19) CC | | | Sydney |
| DIY | Sm. | Holmes | Holmes | Holmes | Holmes | Holmes | Holmes |
| E! | Chrisley | Chrisley | Chrisley | Chrisley | Chrisley | Chrisley | Chrisley |
| ESPN | :00 2008 NBA Finals From June 12, 2008. | | | | 2008 NBA Finals | | |
| ESPN2 | ESPN | NFL Programming (N) | | | | | |
| ESPNC | :00 College Football From Jan. 1, 2019. | | | | College Football | | |
| Food | Grocery | Guy's Games | | Guy's Games | | Guy's Games | |
| Fox News | The Story | Tucker Carlson | | Hannity (N) CC | | The Ingraham Angle | |
| Fox Sports | Bowling | Detroit Pistons Classics Game 1 of the NBA Finals. (N) | | | | | Polaris |
| Freefrm | 6:30 ★★★ The Jungle Book ('16) Neel Sethi. CC | | | Motherland: Fort Salem "Up Is Down" | | Motherland: Fort Salem "Up Is Down" | |
| FX | :00 ★★ The Fate of the Furious ('17) Vin Diesel. A mysterious woman forces Dom to betray the crew. | | | | | What We Do | What We Do |
| Golf | PGA | GOLF Films CC | | GOLF Films CC | | GOLF Films CC | |
| Hallmark | Puppy Love ('12) | Nature of Love ('20) Christopher Russell, Emilie Ullerup. CC | | | | Golden Girls | Golden Girls |
| HBO | :00 Westworld | Westworld "Decoherence" Therapy. | | ★★ It: Chapter Two ('19, Horror) Jessica Chastain, James McAvoy. CC | | | |
| History | Forged | Forged in Fire | | Forged in Fire | | Eating | Eating |
| HGTV | Property | Property Brothers | | Property Brothers | | Hunters | Hunt Intl |
| Learning | My 600- | My 600-Lb. Life "David & Benji & Erica" (N) | | | | My 600-Lb. Life | |
| Lifetime | King of Queens | Married at First Sight "Season 10 Reunion" The five couples reunite. (N) CC | | | | :03 Bride & Prejudice: Forbidden Love | |
| MSNBC | Decision | All In With | | Rachel Maddow | | The Last Word | |
| MTV | Ridic. | The Challenge (N) CC | | | Ridic. | Ridic. | Ridic. |
| NBCSCH | Sports | White Sox Rewind From June 29, 2005. | | | | | |
| NFL | NFL Total | A Football Life | | A Football Life | | A Football Life | |
| Nick | Sponge. | Danger | Sponge. | Friends | Friends | Friends | Friends |
| NGEO | Gala | The Next Generation | | Jane Goodall: The Hope (N) CC | | | |
| Oxygen | Deadly Cults | Snapped A young father is ambushed. | | Snapped "Emma Raine" CC | | Snapped A daughter left for dead. CC | |
| Parmt | Two Men | ★★★ Twister ('96) Helen Hunt, Bill Paxton. CC | | | | | Twister |
| Showtime | Sleepless in Seattle | The Affair "101" CC | | Couples Therapy | Work in Progress | ★★★ The American President | |
| Starz | :19 ★★★ Drag Me to Hell ('09) Alison Lohman. CC | | | ★★ Zombieland: Double Tap ('19) Woody Harrelson. CC | | | Spider-Man |
| STZENC | 5:53 ★★ XXX | Vida "Episode 9" | :34 Vida CC | :09 Vida CC | :42 Vida Mari questions her future. | | ★ Repo Men ('10) |
| SyFy | Battlestar Galactica "Revelations" CC | | Battlestar Galactica CC | | Battlestar Galactica CC | | Battlestar Galactica |
| TBS | Big Bang Theory | Big Bang Theory | Big Bang Theory | Big Bang Theory | Big Bang Theory | Big Bang Theory | Full Frontal |
| TCM | Yellow Cab | ★★★ An Inconvenient Truth ('06, Documentary) Al Gore. CC | | | | ★★★ Koyaanisqatsi ('83) | |
| TMC | Bridget Jones | ★★ Days of Thunder ('90, Action) Tom Cruise, Robert Duvall. CC | | | | ★ Good Luck Chuck ('07) CC | |
| TNT | Non-Stop | All Elite Wrestling: Dynamite (N) CC | | | | Hobbit-Battle | |
| Travel | Ghost | Ghost Nation "The Witching Tree" CC | | | | True Terror | |
| TV Land | Andy G. | Raymond | Everybody Raymond | | Raymond | Two Men | Two Men |
| USA | :00 NCIS | WWE NXT (N) (L) CC | | | | Law & Order: Special Victims Unit | |
| VH1 | Black Ink | Black Ink Crew (N) | | Wild/Out | Wild 'n Out | | Wild/Out |
| WGN-A | Married ... With | Married ... With | Married ... With | Married ... With | Married ... With | Married ... With | Married ... With |

# Several options for osteoporosis treatment

**Elizabeth Ko & Eve Glazier**
Ask the Doctors

**DEAR DOCTOR:** I just read your column about bone density tests and want to know your thoughts on medications for osteoporosis. Is it better to take calcium and vitamin D and engage in exercise or to risk the medications' side effects?

**DEAR READER:** Yours is one of a number of letters we received about treatment for osteoporosis. It's a subject of great importance to all women, particularly as they reach perimenopause and menopause. The increased risk of osteoporosis at that time of life is due to the drop in estrogen production by the ovaries. Estrogen plays a key role in the ongoing cycle of bone deposit and bone loss and keeps the balance in favor of bone strength. As estrogen levels drop, bone loss speeds up. That's why the bone density tests we wrote about recently are necessary. They give each woman an idea of the changes her skeleton is undergoing and point to the appropriate treatment.

As a reminder, bone density test results include a scale known as a T-score, which is a comparison to the bone density of a healthy 30-year-old adult. The lower the number in someone's T-score, the lower their bone density. A T-score of -1 and above is considered to be normal. Scores of -1 to -2.4 equal low bone density, also known as osteopenia. The tipping point into osteoporosis is a score of -2.5 and lower. (Because the scores are rendered in negative numbers, the larger numbers actually equal a lower score.) Guidelines suggest that when someone's T-score indicates osteoporosis, a class of medications known as bisphosphonates should be considered. They work by inhibiting the breakdown of minerals, including calcium, which help give bone its strength.

Several readers mentioned concerns about the potential side effects of these medications, which have made news in recent years. Bisphosphonates are available in pill form and as an IV infusion. Side effects of both forms of this medication can include pain in the bones, muscles and joints. People who take the drug in tablet form have reported difficulty swallowing, nausea, heartburn, irritation to the esophagus and gastric ulcer. A condition known as osteonecrosis of the jaw, in which the jaw bone becomes exposed and fails to heal properly, has been reported in some cases. However, this is rare – we've never seen this in our own practices – and research suggests it's more common among patients receiving high doses of IV bisphosphonates. We have many patients on bisphosphonates, and in our experience, they are generally very well-tolerated.

To decide what's right for you, we think you should begin by sharing your concerns about these medications with your doctor. Your T-score, along with your medical history, will help guide the direction your treatment should take.

Bisphosphonates are typically prescribed along with calcium and vitamin D, both of which help to preserve and protect bones. We also recommend that our patients engage in weight-bearing and high-impact exercise, which has been shown to strengthen and preserve bone. Be sure to check with your doctor for guidance on the specific exercise and intensity level that's right for your specific needs.

*Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health. Send your questions to askthedoctors@mednet.ucla.edu, or write: Ask the Doctors, c/o UCLA Health Sciences Media Relations, 10880 Wilshire Blvd., Suite 1450, Los Angeles, CA, 90024. Owing to the volume of mail, personal replies cannot be provided.*

# Worried about husband's mobility

**Carolyn Hax**

**HI, CAROLYN:** My husband will turn 50 in the fall. Now that I'm working at home alongside him, I see how truly inactive he is. He also has had a few minor back injuries. I've had a nagging worry over the past few years that if he doesn't take care of his back, he's going to end up unable to move much in his 60s.

That worry has increased over the past few weeks. He came to one yoga class with me last year, and that was enough for him. He has talked about going to a chiropractor but never as followed through. I've been inviting him on my nightly walks, and he is sometimes coming along now, which is nice.

What are your thoughts on whether I say anything about my concern ... especially in this moment when I might be overstressed about everything? – Learning About My Husband

**LEARNING ABOUT MY HUSBAND:** Since this is your life partner, it is totally appropriate to share your vision of that partnered life.

What you see now is the possibility his current choices compromise his future mobility – or, maybe more aptly, his current defaults. You are entitled to say that. Bluntly: "I worry that not dealing with your back now will limit you later." Or, more broadly: "I worry that your being sedentary now will limit you later."

You can also say nothing – yet – and keep inviting him along on walks. He's making progress, and lasting changes take time. Also consider expanding your activity portfolio to include things he'd actually like. Yoga is great ... for people who feel great doing it. It's not everyone's speed.

And you can postpone the conversation to think carefully about how you'll handle his limited mobility if and when it happens, so you can include that in a larger conversation. One you can start like this: "Have you thought about what you'll do if you're not able to move well when you're in your 60s, 70s? Or 80s, if we're so lucky? This is on my mind a lot."

Obviously anything can happen, to either of you, so he can lounge his way to an active retirement and your yoga-maintained body could betray you.

But it's also fair to consider the likelihoods. Someone doing nightly exercise is more likely to retain mobility than someone who only talks about calling someone about something. And the days of 10-sit-up damage control are behind you.

Presumably his post-retirement vision includes big travel or moderate hikes or general bustling around, with you, even though my only evidence for that is my inability to fathom anyone planning to be homebound in poor health. So leverage that without apology: "I want to travel *with you*. Walk with me now, so I don't have to globe-trot alone."

**DEAR CAROLYN:** OK, seriously, how do people stay friends with their exes? I broke up with my ex a few months ago, and they have wanted to be friends and do things together. I can't help but feel like it's a veiled attempt at getting back together, which I am decidedly against. How do you become friends after dating? – Friends with Exes

**FRIENDS WITH EXES:** 1. You decide this is something you want to do.

If this is not something you want to do, then there is no second step.

*Email Carolyn at tellme@washpost.com, follow her on Facebook at www.facebook.com/carolyn.hax or chat with her online at noon each Friday at www.washingtonpost.com.*

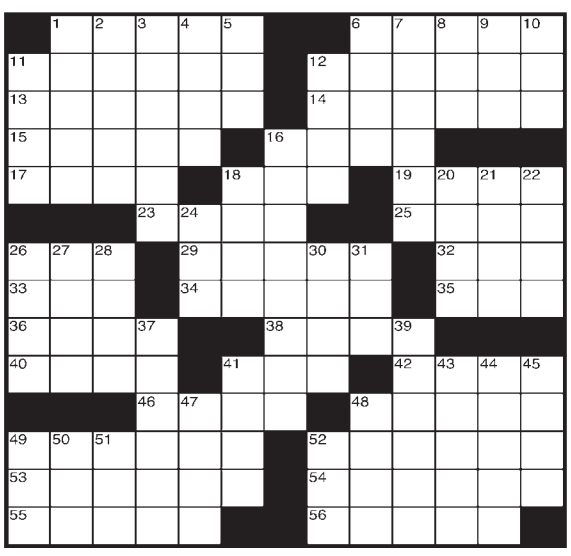
## CROSSWORD

**ACROSS**
1 Samurai's land
6 Hidden supply
11 Want
12 Gold Rush state
13 Draw out
14 Lethargic
15 Preferred strategy (2 wds.)
16 Edible root
17 Morrison or Braxton
18 Make taboo
19 Flu symptom
23 Like many dorms (hyph.)
25 Computer whiz
26 Narrow inlet
29 Oxlike grazer
32 Chow mein additive
33 And, to Fritz
34 Entered a 10K
35 Express in words
36 Hoax
38 Toodle-oo! (hyph.)
40 Boxing win
41 Pixel
42 Breathe hard
46 Third-rate
48 Gamma follower
49 Beach near Los Angeles
52 Weaker
53 Kitchen tool
54 Parka
55 Thoroughly wet
56 More crafty

**DOWN**
1 Simple dessert (hyph.)
2 From China, for example
3 Summer outing
4 Soprano's piece
5 Tennis court divider
6 Tart plum
7 Clan ID
8 Cleopatra's snake
9 Travel on powder
10 I've been —!
11 Corp. section
12 Two fives for — —
16 One to avoid (2 wds.)
18 Bartok or Lugosi
20 Ring things
21 Cato's bear
22 Uptight
24 Above, to poets
26 Twice-baked bread
27 Quechua speaker
28 Per diem
30 Orderly
31 Insect killer
37 Down in the dumps
39 Bureau
41 Unsmiling
43 Identical
44 Cowboy's charge
45 Audition-er's wish
47 Toe the line
48 Two-way
49 Yr. fractions
50 GI address
51 Chicken piece
52 Slumber party attire

Answer to Previous Puzzle

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | A | D | ■ | S | G | T | ■ | ■ | K | I | L | N |
| O | L | E | ■ | C | H | I | A | ■ | A | R | E | A |
| U | T | A | ■ | O | O | P | S | ■ | R | O | S | Y |
| L | O | N | E | R | S | ■ | S | L | A | N | T | S |
| ■ | ■ | ■ | T | N | T | ■ | A | P | T | ■ | ■ | ■ |
| Y | E | A | R | S | ■ | L | I | N | E | A | R | ■ |
| E | R | N | E | ■ | G | A | L | S | ■ | P | I | E |
| P | I | N | ■ | B | A | G | S | ■ | T | S | P | S |
| ■ | K | E | B | A | B | S | ■ | G | O | O | S | E |
| ■ | ■ | ■ | E | L | F | ■ | I | O | U | ■ | ■ | ■ |
| A | B | R | A | D | E | ■ | L | A | R | D | E | R |
| F | O | Y | T | ■ | S | O | I | L | ■ | R | I | O |
| A | L | A | I | ■ | T | H | A | I | ■ | A | N | A |
| R | E | N | T | ■ | ■ | O | D | E | ■ | T | E | D |



4-22 © 2020 UFS, Dist. by Andrews McMeel Syndication for UFS

## JUMBLE

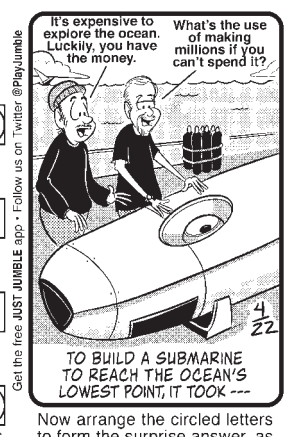
Unscramble these Jumbles, one letter to each square, to form four ordinary words.

DUEEL

KKONC

CPLUTS

TUEPPP


It's expensive to explore the ocean. Luckily, you have the money.
What's the use of making millions if you can't spend it?
TO BUILD A SUBMARINE TO REACH THE OCEAN'S LOWEST POINT, IT TOOK ---
4/22
Get the free JUST JUMBLE app • Follow us on Twitter @PlayJumble

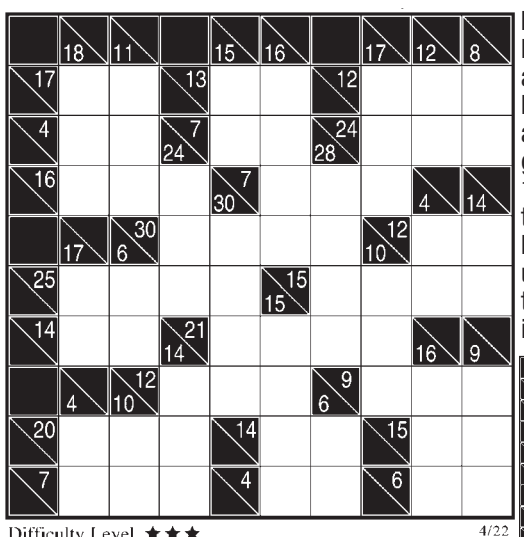
©2020 Tribune Content Agency, LLC All Rights Reserved.

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

(Answers tomorrow)

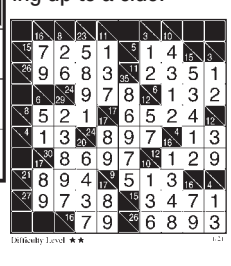
Yesterday's Jumbles: MOTTO SIXTH FIBULA CAMERA
Answer: When he said his favorite old T-shirt still fit him, it was a — BIT OF A STRETCH

## KAKURO



Difficulty Level ★★★ 4/22

**How to play:** Numbers above the slash are across clues; numbers below the slash are down clues. The goal is to enter digits 1-9 in the white cells to add up to the number clues. You cannot use any digit more than once when adding up to a clue.



## BRIDGE

When defending, what do you do as soon as the dummy comes down?

You start to plan the defense, of course, but you should always count dummy's high-card points. This will give you an idea of how many points partner can be expected to hold.

In today's deal, East has to direct the defense. In answer to East's double of Stayman, West leads the club seven: four, queen, six. East cashes the club ace: 10, two, nine. What next?

East should not be misled by declarer's false-card. If West had started with 7-5-2 of clubs, he would have led the two at trick one. You should lead the lowest from a tripleton (with or without an honor) in partner's suit when you haven't raised. However, after cashing a third club trick, where should East go for a fourth winner?

The natural inclination is to shift to the singleton diamond, but check the points. East has 13, dummy has 11, and South opened one no-trump. That leaves at most 1 point for partner. The diamond switch is pointless.

Whenever you have taken all possible side-suit tricks, concede a ruff-and-sluff. Lead a fourth club.

If partner has either the spade eight or nine, his ruff will effect an uppercut. Dummy overruffs, but then East will collect a trump trick by covering an honor when it is led from the dummy. Note also that it doesn't help South to ruff with the spade nine. East still scores a trump trick.

North wished he had responded three no-trump, a sensible choice with such a strong doubleton. West would never have found the club lead.

North 04-22-20
♠ Q J 10 3
♥ K Q
♦ Q 10 9 3
♣ J 9 4

West
♠ 8
♥ 8 6 4 3 2
♦ 8 7 6 4 2
♣ 7 2

East
♠ K 7 6 4
♥ J 10 7
♦ 5
♣ A K Q 8 3

South
♠ A 9 5 2
♥ A 9 5
♦ A K J
♣ 10 6 5

Dealer: South
Vulnerable: Both

| South | West | North | East |
|---|---|---|---|
| 1NT | Pass | 2♣ | Dbl. |
| 2♠ | Pass | 4♠ | All Pass |

Opening lead: ♣ 7

## SUDOKU

DIFFICULTY RATING: ★★☆☆☆

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 3 | | | 2 | | 9 | | |
| | | | 3 | 7 | | | 2 | |
| | 2 | | 8 | 6 | 9 | 3 | | 5 |
| | | 8 | | 5 | | | 1 | 2 |
| | 4 | | 2 | 8 | 6 | | 9 | |
| 3 | 9 | | | 1 | | 6 | | |
| 4 | | 7 | 5 | 9 | 8 | | 3 | |
| | 5 | | | 4 | 7 | | | |
| | | 9 | | 3 | | | 4 | |

4/22 © 2020 Dist. by Andrews McMeel Syndication for UFS

**How to play:** Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9.

PREVIOUS SOLUTION

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 3 | 6 | 2 | 1 | 5 | 8 | 9 | 4 | 7 |
| 8 | 5 | 9 | 4 | 7 | 2 | 3 | 6 | 1 |
| 4 | 7 | 1 | 6 | 3 | 9 | 2 | 5 | 8 |
| 7 | 2 | 3 | 5 | 6 | 4 | 1 | 8 | 9 |
| 5 | 9 | 4 | 3 | 8 | 1 | 7 | 2 | 6 |
| 6 | 1 | 8 | 9 | 2 | 7 | 4 | 3 | 5 |
| 9 | 8 | 5 | 2 | 1 | 3 | 6 | 7 | 4 |
| 1 | 3 | 6 | 7 | 4 | 5 | 8 | 9 | 2 |
| 2 | 4 | 7 | 8 | 9 | 6 | 5 | 1 | 3 |

The Herald-Palladium Editorial Board: | DAVID HOLGATE Publisher | DAVE BROWN Managing Editor | DALE BREWER Local News Editor | KATIE KRAWCZAK Design Editor

# LETTERS

## Maps don't tell the whole story

**Editor,**

Several Saturday mornings ago, I sat at my desk at home and poured out into an email to close friends some of my deepest fears about COVID-19 and its impacts on our community. I shared my concerns that this pandemic, like other health crises, would hit certain communities harder than others. I shared that for reasons that were entirely predictable, some people and places would be disproportionately ravaged by illness and death.

The numbers being reported across the nation are bearing out those fears and predictions. People and communities whose social and economic conditions prohibit them from exercising the caution advised by our public health officials are getting sick and dying at alarming rates. These are people whose housing situations or job requirements limit their ability to "self-quarantine" or "practice social distancing." These are people who do not have the financial resources to acquire food and cleaning supplies.

These are people who, in the best of times, struggle to get the healthcare they need. These are people who do not have access to accurate information about the virus. Not surprisingly, these people often live in clusters. Public policy, such as zoning, often means that low-income people tend to live near and with other low-income people. This reality is punctuated by race and ethnicity. Low-income African Americans tend to live near other low-income African Americans.

While factually correct, important context was left out of HP's April 17 piece about the distribution of confirmed and presumed COVID-19 cases ("New details on Berrien County's COVID-19 cases: Benton Harbor ZIP code has more cases than any other in the county"). The high density of cases in the 49022 ZIP code is shaped by the fact that it is densely populated by people living in homes that restrict their ability to "self-quarantine" or "practice social distancing," do not have the enough money to purchase food and cleaning supplies, have poor access to healthcare, and who often fall prey to myths and disinformation about the virus. In other words, their living conditions are significant drivers of the heavy COVID-19 incidence being experienced in 49022.

As more racial and ethnic data on the distribution of COVID-19 cases become available, it is critical to keep this fact in mind: social conditions drive illness and disease. Behaviors and actions, like self-quarantining, social distancing, eating healthy foods and seeking needed healthcare, are only as possible as one's environment allows.

In the days and weeks to come, as more data is released, we must remember that the distribution of COVID-19 impacts reflect the distribution of social and economic resources and opportunity. To paraphrase Louise Dettman in Public Health Newswire, the distribution of COVID-19's impacts results from "social and economic factors, not genetics, and environment and neighborhood conditions, not just behaviors."

**Lynn C. Todman**
**Executive Director, Population Health**
**Spectrum Health Lakeland**

## Everyone needs to work together to fight virus

**Editor,**

In a normal spring, our city participates in the Blossomtime Festival by hosting the kickoff of the Blossomtime Parade, which recognizes many communities and organizations throughout Michigan's Great Southwest. This is a time where we all come together to enjoy the coming of spring with all its hope and dreams. This year, nothing is normal.

All of our lives have been disrupted and threatened by the rapid spread of COVID-19 and with that, we have a new reality. A reality that requires each of us to practice social distancing, to wash our hands many times throughout the day, and to wear a mask when we leave our homes. A reality that has limited our ability to have a dinner at our favorite restaurant or celebrate our faith at a house of worship.

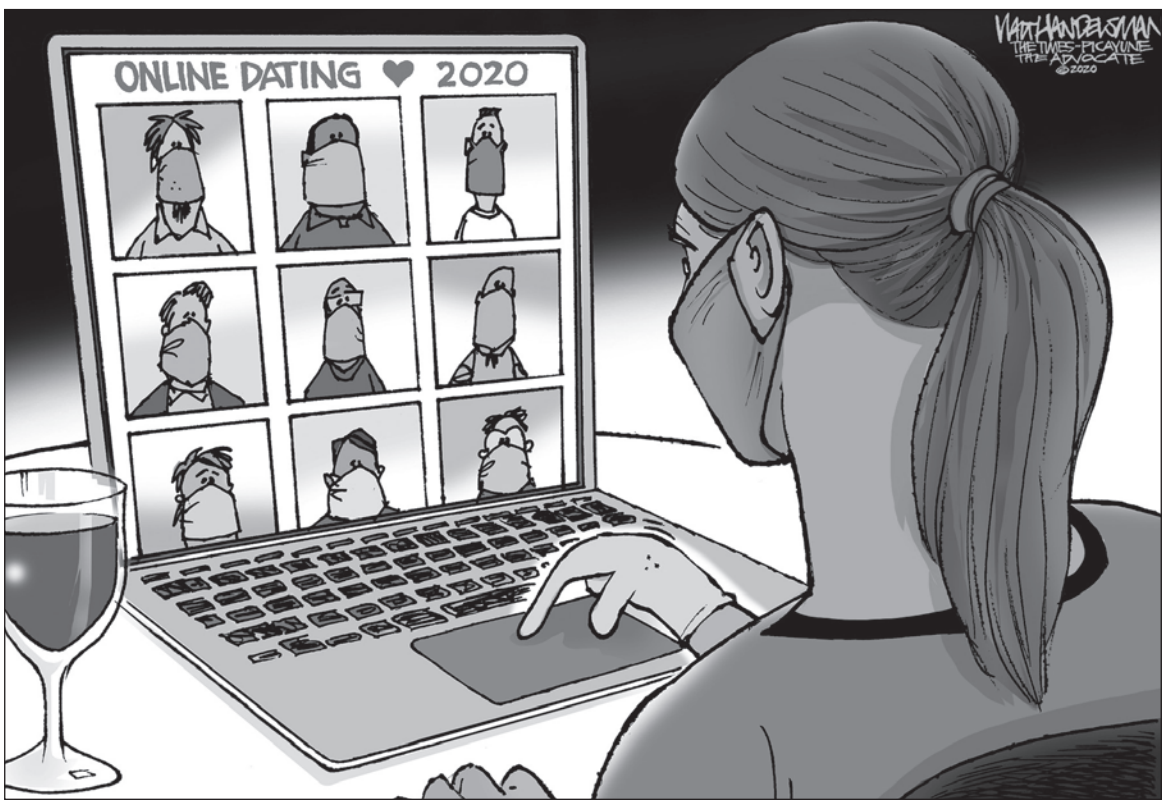
But by following the guidelines recommended by our healthcare professionals, we will not only slow down the spread of the virus, we will be showing respect and support for our medical providers, first responders and caregivers.

It will take time to turn back the infestation of COVID-19, but if we all adhere to the advice of our healthcare professionals, we as a community will come out of this much stonger.

Me and my fellow commissioners want to thank our city staff and all employees for their work, commitment and dedication in providing the essential services that keep our city safe and secure.

If you have any questions or need of services, please visit our website for contact information.

**Mike Garey**
**Mayor, city of St. Joseph**




## Thank you, governor, for keeping us safe

**Editor,**

Thank you so much, Gov. Gretchen Whitmer, for taking a stand for science and putting the health of Michiganders ahead chasing the money. I lost my wife to an aggressive cancer on March 17. I have four adult children and six grandchildren and can't imagine the additional devastation to them if I, or one of them, contracted COVID-19 at this time.

So I thank you for driving to keep us all safe. I was blessed to be at my wife's side at her last breath, but two days later I wouldn't have been able to be there as all visitation was shut down, and loved ones weren't able to say goodbye to victims of the virus. These people were not likely to have been present at the protests in Lansing, nor really represented by the demonstrators. They aren't thinking about a rush to re-open the state, they're worried about preventing the spread of the disease attacking any more family members.

Look, I have concerns about the state's economy and especially about affected small businesses. But ignoring the importance of science and testing in order to rush re-opening might assuage the demonstrators' view and their politics, but at the additional risk to our nurses, doctors, cleaning staff and other essential workers keeping us supplied with food and medicines, and especially to our families who are staying at home to protect others.

COVID-19 is not political in choosing who it attacks, nor will politics solve the virus's related health or economy.

Hang tough and continue to follow the science, and again, thank you.

**Terry Deegan**
**St. Joseph**

## Majority supports stay-at-home orders

Editors,

I am flabbergasted that some groups are flocking to Facebook to spread misinformation about the current, rapidly spreading coronavirus pandemic. Their stated aim may be to "liberate" people who "suffer" under stay-at-home orders, but I'd like to know what, exactly, is their true agenda (apart from blindly following the Ppresident's benighted lead).

Some of these misinformation sites on Facebook are backed by pro-gun activists who are organizing large group protests at various statehouses. (Washington Post, April 21, 2020). In our own state, a Devos family-backed group, the Michigan Freedom Fund, promoted a gathering in Lansing to attack Gov. Gretchen Whitmer and her multi-pronged actions to combat this deadly virus. In so doing the wealthy backers presumably stayed safe while the protest attendees have now exposed themselves to the virus by spurning social distancing and the wearing of face masks.

These people have gone back to their communities and unknowingly helped spread the infection further. Their lack of knowledge of COVID-19's exponential spread and their determination to place their own, individual "freedom" above all else, including community health, illustrates the reckless selfishness being advanced by the president's own speech and actions – and inactions.

A recent Quinnipiac poll shows that nearly 70 percent of Republicans and 95 percent of Democrats agree with stay-at-home orders as necessary during this rapidly-expanding, lethal pandemic. We do not appreciate the unnecessary risks that the noisy minority expose us to. Anti-quarantine folks: please go home stay home, and find something to do that actually helps your neighbors.

**Nancy Braun**
**Coloma**

## Governor's order intentionally ambiguous

**Editor,**

Mr. Brown ("Support what you value," column, April 18) can find why advertising has dropped off by reading Executive Order (EO) 2020-42, Paragraph 11.d.3.: "[R]efrain from the advertising or promotion of goods that are not groceries, medical supplies, or items that are necessary to maintain the safety, sanitation, and basic operation of residences." When trying to keep a business open, "refrain from" becomes "thou shalt not" when law enforcement is at the door. This newspaper has reported on at least two specific incidences of law enforcement intimidation happening (Niles Rural King and Benton Harbor Lowe's).

By directing businesses to cordon off specific areas, the governor implicitly made products off-limits for sale or purchase, though she denies this prohibition while saying, "individuals are only allowed to leave their homes to secure necessary services or supplies, such as food, medication, and products necessary to maintain the safety, sanitation, and basic operation of their residences." So, which is it, Governor?

She had to be sued in federal court after 15 police officers in 8 patrol cars responded to arrest a man for protesting peacefully, within social-distancing guidelines, because law enforcement deemed his actions "non-essential." Other lawsuits are pending. Yet the governor states she supports constitutionally-protected rights.

The EO 2020-42 FAQs page repeatedly states "business" cannot direct employees to perform services that are not deemed essential by the exalted ones (or interpretation of local law enforcement). As a sole proprietor (or even limited partnership) no employee is directed to perform, so the business can continue to operate, but is still shut down under threat of fines or loss of license.

The governor's EO and FAQs do not pass the arbitrary and capricious test. It is not applied fairly or with any scientific basis. Landscaping done by government employee is allowed. Done by a private business, it earns a $1,000 fine. The science is the same; the application is not.

If this was not the governor's intent, she has had more than enough time to clarify her intent to the public and law enforcement. Since she has not, I interpret her intent is to make her order ambiguous, to be used to justify civil rights violations that she deems useful, constitutionally-protected rights be damned.

Daily life subjects us to many acceptable risks. I take reasonable and prudent personal actions to reduce the spread of COVID-19. I also support what I value. The Constitution of the United States is what I value, for myself and my fellow citizens. I swore an oath to uphold the Constitution, with up to and including my life. I will not stand by and see it trampled by those who also swore that oath – yes, Governor, I mean you – without a fight. I will travel where and when I want, shop for what I want (whether "essential" or not), and go on with my life. I will not acquiesce when asked to show my papers, my purchases or my justification for travel. You may force me with armed personnel, but until then, I say, "No thank you."

**Lori Katowich**
**Eau Claire**

## Opposition to Whitmer's order is short-sighted

**Editor,**

Given the rising number of cases and deaths from COVID-19 in Michigan, Rep. Pauline Wendzel and Sen. Kim LaSata's criticism of Gov. Gretchen Whitmer's extension of the stay-at-home order is frighteningly short-sighted. At this point, to loosen restrictions on the movement of people around the county and throughout the state would be premature and negligent. The economy is suffering, but it will suffer even more if these measures are not taken.

Regarding changing the designation of essential businesses, examples given by House Republican leader Lee Chatfield seem to favor the socio-economically blessed. Golf courses are not typically owned by small business people. Opening a course, including cart rental, restrooms, restaurants, bars and groundskeepers, would increase the exposure of workers to COVID-19. Course owners and golfers would be endangering the lives of minimum-wage workers.

Lawn care services are typically not one person and a lawn mower. They are teams of minimum-wage earners (at best) packed into a truck using the same equipment without benefit of hand-washing facilities. Again, it is the minimum-wage earner who is put at risk. Marinas and boat launching facilities are another example. If you want to trailer your boat to a public launch you can, but to expect that the marinas to open up and put your boat in the water for you again exposes those who can least afford it to COVID-19.

All of these activities increase the number of people out in public, going to the gas station, stopping at convenience stores, again exposing people to COVID-19. There are no restrictions on anyone wanting to take their kayak or canoe out to the river or lake, just do it yourself. As Whitmer herself points out, "every single exception to the 'Stay Home, Stay Safe' order makes this more porous and less likely to work."

Relying on the judgment of individuals to make safe decisions has not been shown to be an effective means of fighting the spread of COVID-19. As long as there are still grocery stores that do not require their employees to wear masks, people continue to gather in large groups at the beach or make unnecessary trips to stores, kids continue to play on public playgrounds and people continue to congregate with non-family members, orders such as Gov. Whitmer's will be necessary.

### Write us

Here's how to submit a letter to the editor:

**Email:** letters@TheHP.com

**Regular mail:** Editorial Page, The Herald-Palladium, P.O. Box 128, St. Joseph, MI 49085

All letters should include a daytime telephone number and street address for verification.

Loosening restrictions should be contingent on a consistent 14-day reduction in the number of new cases, more testing availability and assurances that the healthcare system can handle the stress of another outbreak. Until then, stay at home, buy gift certificates to local businesses, wear a mask, and send your barber or beautician a check. We are not asking to send your children off to war, unless of course they are health care providers.

**Nancy Buckleitner**
**St. Joseph**

## Someone have an answer about essentials?

**Editor,**

I'm having trouble understanding the rationale behind the ever-increasing list of Michigan's non-essentials. (Maybe this letter is on that list.)

Why is it essential to purchase non-medical marijuana, alcohol and firearms and non-essential to purchase fabrics for making masks and vegetable plants for our gardens?

Does the state of Michigan receive larger revenue from the sales of the non-medical marijuana, alcohol and firearms?

Maybe we all need to support our state by becoming alcohol-drinking, marijuana users purchasing firearms!

**Joyce Totzke**
**St. Joseph**

## Trump opponents politicizing pandemic

**Editor,**

It seems like there are those who want to blame President Trump for just about everything that has to do with the coronavirus. In other words, they are politicizing this pandemic.

Let's take a look at the flip side of the coin. During the second week of February, Democratic Mayor Bill de Blasio was telling his fellow New Yorkers to go out to bars and restaurants and have a good time. He unwittingly stated the virus was not a problem and not very contagious. Gov. Andrew Coumo of New York State was basically parroting de Blasio's assessment of the virus. In November of 2019, Gov. Coumo was told by his state health department that he needed 15,000 ventilators in case of a health crisis. Ironically this was only months before the pandemic hit this country. Gov. Coumo had plenty of money in his coffers, but decided to spend the money elsewhere. Fast forward time to mid-March when Gov. Coumo was blaming Trump for the lack of ventilators.

Another example would be the Democratic governor of Louisiana allowing the Mardi Gras in New Orleans to take place on March 6. What were the results, but another hot spot for the coronavirus.

Shortly after President Trump touted the benefits of hydroxychloroquine as a good treatment for the coronavirus, Gov. Gretchen Whitmer put a ban on the usage of hydroxychloroquine in the state of Michigan. She received a lot of pushback and eventually put it back on the list to fight the cororn-avirus. Fortunately this happened soon enough to save the life of one of her Democrat state legislators, Karen Whitsett. Dr. Mohammed Arsiwala treated the female state legislator with hydroxychloroquine. Within 48 hours she was feeling much better and within a week was back to normal. She has appeared on Fox News at least a couple of times. Her message was stop politicizing this pandemic.

Gov. Whitmer's current draconian measures in not allowing Michiganders to go their second homes, stopping all paint sales and not allowing farmers to farm are an example of a few of the drastic measures she has implemented. This has drawn ire of the people of Michigan and they have already gotten 150,000 signatures in an attempt to recall Gov. Whitmer. She is trying to get a lot of public exposure, as her goal is to become Joe Biden's running mate. Some just can't handle power, and she's a prime example.

**Dan Marquis**
**Stevensville**

BENTON TWP.

# Township eyes site for water tower

By TONY WITTKOWSKI
HP Staff Writer

BENTON TOWNSHIP — Benton Township trustees are looking at options in replacing the current water tower.

At Tuesday's board meeting, which was held over a teleconference call, trustees agreed to pay Prein & Newhof up to $26,000 for soil borings on property owned by Lake Michigan College.

The decision to replace the existing Euclid standpipe has been considered as part of a larger ongoing evaluation of the township's water system.

Steve Oosting of Prein & Newhof said the property that's southwest of Empire Avenue and Yore Avenue appears to be the most cost-effective location for a water tower.

"In order to determine if this property is suitable for construction of a new water tower, an evaluation of the property is needed," Oosting said. "We want to evaluate the property before buying."

As part of the water tower site evaluation, the township is expected to obtain soil borings – one boring at 80 feet deep and two borings at 30 feet deep.

Oosting said the township is paying to develop an environmental assessment including a historical review, complete an environmental lien search, undertake a visual site inspection, review state and local database search information, and complete a summary report.

Afterward, the township can focus on preliminary site plans, as well as a survey and legal description of proposed property lines.

"Soil borings is the most urgent aspect to see if the property is suitable," Oosting said.

"The next step is to see if the college is OK with the drilling on the property. This can be done within two weeks."

While the soil borings can be completed within two weeks, Oosting estimated the completion of the remaining tasks will be another three months of authorization to proceed.

If the work is considered essential under current restrictions related to COVID-19, Prein & Newhof is prepared to begin work upon the township's authorization.

When asked how Prein & Newhof identified the LMC property as a potential landing spot for a new water tower, Oosting said they focused on land with higher elevation.

"The higher the land, the shorter the height that the tower needs to be," he said. "That means lower construction costs."

Once the new water tower is in service, Oosting said the old one could be removed and sold.

However, Supervisor Cathy Yates said no price has been discussed on the property's acquisition as the township has not evaluated the property yet.

"If the evaluation is completed and the results are favorable, you could approach the property owner with an offer," Oosting said.

The next board meeting is at 5:30 p.m. on May 5. It's unknown whether the meeting will be held at Benton Township Hall or through another virtual meeting.

*Contact: twittkowski@TheHP.com, 932-0358, Twitter: @TonyWittkowski*

# 'Loved his country': Funeral held for 105-year-old veteran

FLINT TOWNSHIP, (AP) — As mourners watched from cars, a 105-year-old World War II veteran was laid to rest in a Flint-area cemetery.

Ferrald Waller Sr. lived through the 1918 flu pandemic, served in Europe during World War II and worked for General Motors, MLive.com reported.

He died from natural causes Friday in Pontiac. Family members held a small funeral Monday to conform with Michigan's limits on gatherings during the coronavirus outbreak. A granddaughter, Rachelle Ruffin, wore a face mask near the flag-draped casket.

Members of Waller's church sat in vehicles near the grave site at River Rest Cemetery in Flint Township.

"He loved his family and he loved his country," granddaughter Julia Ruffin said. "He lived through a lot – a pandemic, racism – but he always said, 'You know, believe in God, and don't worry about stuff.'"

## DONATION

From page A3

sent to trustees Monday night.

For example, he said that the plan calls for the school district to develop a parent academy. But he said the district has already started putting together the MiFamily: Michigan's Family Engagement Framework, which was put together by the Michigan Department of Education.

Townsel, who took over leading the district in February, said he believes the advisory committee members would have included many of the things he added to the plan if they had known about them.

The advisory committee presented the plan to school board trustees earlier this month.

Trustee Darwin Watson said that the community needs to have time to look over the suggestions.

Trustee Denise Whatley-Seats agreed.

"We want to make sure we get this right," she said. "Our children are at stake. Their lives, their careers, their futures are at stake."

The plan with Townsel's suggested additions is expected to be available for review on the school district's website today.

The special meeting to consider approving the plan will be at 5:30 p.m. April 28 on Google Meet due to the COVID-19 pandemic. Instructions on how to join the meeting can be found on the district's website at www.bhas.org.

The school district has been struggling with high debt and decreasing enrollment and student test scores for the past 10 years, the advisory committee's report found. State officials suggested in May 2019 that Benton Harbor High School be closed at the end of the current school year so the district could focus on grades K-8. After almost three months of tense negotiations, state officials hit the reset button and offered to help form and pay for the advisory committee.

After the plan is approved by school board trustees, it needs to be approved by MDE and the Michigan Department of Treasury before it can be implemented.

*Contact: lwrege@TheHP.com, 932-0361, Twitter: @HPWrege*

# OBITUARIES

## Bessie Mae Bennett

July 5, 1936 – April 3, 2020

Bessie Mae Bennett, 83, of Benton Harbor was called home to be with the Lord on April 3, 2020, surrounded by her loving family.

Bessie Mae Bennett was born July 5, 1936, to Lonnie and Lucille Parker in Lee County, Ark. Bessie Mae married Emmett "June" Bennett and they later moved to Benton Harbor. Bessie Mae was a machine specialist at Charleston Rubber Inc., and retired after more than 35 years. She enjoyed watching basketball games, cooking, playing bingo and spending time with her loving family.

Bessie Mae is survived by her daughter, Beatrice "Polly" Gray; sons, Timothy Bennett and Condarius Tripplett; stepchildren, Emma Jean Morris, Joyce Marie Bland, Carolyn Bennett and Charles (Sherri) Bennett, all of Benton Harbor; grandchildren, Edward Gray, Annette Gray and Tamika Gray, all of Benton Harbor, and Aurgrell Gray of Columbus, Ohio; nine great-grandchildren; one special great-grandchild, Qualeon Gray; four great-great-grandchildren; her sisters, Lottie Parker (Frederick) and Earlene Pettigrew, both of Benton Harbor; her brother, Lonnie (Mary) Parker of Jackson, Tenn.; along with a host of nieces, nephews, cousins and friends.

Bessie Mae was preceded in death by her parents, Lonnie and Lucille Parker; her husband, Emmett Bennett; daughter, Phylicia Ann Bennett; stepdaughter, Mae Susan Brady; five sisters: Dovenna Beasley, Essie Lee Maben, Clotie Turner, Deloris Parker and Evelean Burse; and brother, Davis "Snake" Parker.

A private service will be held for the immediate family.

## Dylan Christopher LaForge

Aug. 25, 1986 – April 15, 2020

Dylan started his journey on Aug. 25, 1986, at 4:47 p.m. He unexpectedly stopped counting his years on Wednesday, April 15, 2020, at the young age of 33.

Dylan, who liked to be called by his nickname, Recon, had a tenderness and compassion in his soul which is rare to find anywhere. He wanted to help others, even at his own expense. He loved people and did everything he could to share the kindness in his heart with the world. He had a remarkably special relationship with his grandparents, especially Grandma Gayle, who has acted as his guardian angel. He could not understand or tolerate social injustice of any kind. He did volunteer work for many different groups and organizations. He was very creative and expressed himself with art. He also had a profound love of music that spanned across all styles. He very much enjoyed bike riding and cooking meals to share with friends.

He is survived by his parents, Su LaForge and David LaForge (Cathy Ott); his brother, Elliot LaForge (Meg Morris); step-siblings, Heather Burkett (Casey Caid), Andy Burkett, Jeremy Burkett and Jesse Holston (Jess Holston); as well as his grandmothers, Gayle Cook (Dave Cook), Ann LaForge and Millie Ott. He was blessed with a large family of aunts, uncles and cousins that all loved him.

He has joined in heaven his grandmother, Lois Baar; and his beloved grandfather, Ed LaForge, who recently passed, and whom Dylan had been greatly missing.

His memory will be treasured in our hearts forever. He was loved by so many and will be missed beyond measure.

A memorial to celebrate his life will be held at a later date, when we can be together safely. Anyone who would like to join is welcome. Details will be posted as they become available in the Facebook group we created in his honor. Dylan has given the Gift of Life so that his love can touch the lives of other families. The family asks for memorial contributions to be made in his name to the Salvation Army, the Humane Society or a local homeless shelter. He loved people and did everything he could to share the kindness in his heart with the world.

## Death notices

**Carole Ann (Morrel) Carpenter,** 66, of Galien died April 20, 2020, at home. Purely Cremations – Starks Family Funeral Homes and Cremation Services, Benton Harbor, 926-9440.

**Peter C. Fleck,** 56, of Bridgman died March 16, 2020, at Battle Creek VA Medical Center. Pike Funeral Home, Boyd Chapel, Bridgman, 465-3239.

**Theresa R. Jewell,** 96, of Decatur died April 18, 2020, in Springfield, Mich. Betzler & Thompson Life Story Funeral Home, Paw Paw, 657-3870.

**Mamie T. Jones,** 89, of Benton Harbor died April 21, 2020, at home. Starks & Menchinger Chapel and Cremation Services, St. Joseph, 556-9450.

**Dylan C. LaForge,** 33, of Kalamazoo, formerly of St. Joseph died April 15, 2020. Joldersma & Klein Funeral Home, Kalamazoo, 343-2628.

**Raymond Schultz,** 96, of St. Joseph died April 21, 2020, at The Willows, St. Joseph. Brown Funeral Home and Cremation Services, Niles, 683-1155.

**Donald J. "Smitty" Smith,** 88, of Dowagiac died April 21, 2020, at his daughter's home. Clark Chapel and Cremation Services, Dowagiac, 782-2135.

## Betty L. Whitright

Feb. 3, 1944 – April 19, 2020

Betty L. Whitright, 76, formerly of St. Joseph, died Sunday, April 19, 2020, at Royalton Manor in Royalton Township.

Family services will be held on Friday, April 24, at North Shore Memory Gardens, with the Rev. James Dunn officiating. A service of remembrance will be held this summer. Arrangements are by the Fairplain Chapel of Florin Funeral Service in Benton Township. Memorials may be made to Yore Avenue Community Church in Sodus Township. Please share memories, messages or photos at www.florin.net.

Betty was born on Feb. 3, 1944, in Benton Harbor, to Joe and Evelyn Akins. She married her husband, Ray Whitright in 1960, and he preceded her in death in 2003. Together they celebrated 43 years of marriage. Betty was an office supervisor at All-Phase Electric for 24 years before she retired. She was a member of Yore Avenue Community Church. Betty enjoyed gardening, making crafts and reading romance novels. She was a very active individual who loved her family and was very family-oriented.

Her family includes her children, Raylene (Joseph) Pratt of St. Joseph and Ron Whitright of St. Joseph; her sisters, Darlene (Ed) Marks of Eau Claire, Goldie Snow of Eau Claire and Linda (Bill) Callahan of Benton Harbor; her brother, Dean Akins of Coloma; and several nieces and nephews.

She was also preceded in death by her parents; her sister, Marlene Accardi; and her brother, Lonnie Goodwin.

## Peter Charles Fleck

July 2, 1963 – March 16, 2020

Peter Charles Fleck, 56, of Bridgman passed away on Monday, March 16, 2020, at Battle Creek VA Medical Center.

A private family graveside service was held at New Troy Cemetery, New Troy. Memorial contributions may be made to Alex's Lemonade Stand Foundation at www.alexslemonade.org. Online condolences are accepted at www.PikeFH.com.

Peter was born Tuesday, July 2, 1963, in Michigan City, Ind., the son of the late James Roland and Nancy Lee (Downs) Fleck. He married Vickie Sue Gaul on Sept. 14, 1985. Peter served in the U.S. Army. He enjoyed University of Michigan football and coaching youth football.

Survivors include his wife, Vickie; son, Todd Fleck; daughter, Tori Fleck; brothers, David (Cindy) Fleck and James "Jimmy" Fleck; sister, Rebecca (Rick) Svoboda; and Vickie's parents, Franklin (Karon) Gaul.

## Donald J. Smith

July 12, 1931 – April 21, 2020

Donald James (Smitty) Smith, 88, of Dowagiac passed away peacefully on Tuesday, April 21, 2020, at his daughter's home.

Donald's life began on July 12, 1931, the son of Virgil and Angela (Ptaszkiewicz) Smith. He graduated from Dowagiac High School and proudly served his country during the Korean War. He was united in marriage to Leona Mozelle Duncan on Dec. 30, 1955. Donald worked in the door and glazing industry the majority of his life. He held various positions at Cupples in Dowagiac and New Brunswick, N.J. Donald was a longtime employee of Special-Lite, Inc. of Decatur. He worked there from its inception in many roles, including field service and production management. After retirement, he enjoyed golfing, fishing and deer hunting at his family cabin up north.

Donald is survived by his children, James (Linda) Smith of Dowagiac, Lori (Charlie) Van Voorhis of Chandler, Ariz., Anne (Ernie) Edgerly of Hartford, Nancy (Robert) Staley of Dowagiac and Alan (Krista) Smith of Dowagiac; 10 grandchildren; 17 great-grandchildren; and sisters, Patricia (Ollie) Shaer of Dowagiac and Kathleen (Roger) Williamson of Conway, Ark.

Donald was preceded in death by his wife, Mozelle; siblings, Marylin Wilson, Robert Smith, Richard Smith and Gerald Smith; and great-granddaughter, Caroline Mozelle Paul.

A private family service will be held at a later date. Memorial contributions may be made to Hospice at Home – Caring Circle. Arrangements have been entrusted to Clark Chapel & Cremation Services. Those wishing to leave a memorial contribution online may do so at www.clarkch.com.

## TRIAL

From page A3

Berrien Assistant Prosecutor Cortney O'Malley-Septoski also called Benton Township Police Detective Sgt. Steven Morrow to the witness stand. He said police developed Perry as a suspect in the shooting and he went to talk to him. He said Perry told him several different, evolving stories about what happened.

Morrow said Perry at first said he was inside when Uniqua Jones came into the house, already having been shot, and asked him to call the police.

Then, Morrow testified, Perry told him the two had argued and he was going to leave, when Jones picked up a gun.

"He said he tried to wrestle it from her and it went off. He said the gun came from the kitchen area. He said she was holding the gun with both hands and had raised it toward where he was. He tried to wrestle it away from her and somehow the gun gets twisted around and somehow goes off, shooting her," Morrow told the court. "He said he called 911, the grandma came in, he handed the phone to her, grabbed the gun and took off. He said he threw the gun over the fence near the playground."

Morrow said Perry told him the reason he had left before police arrived was because he was wanted for a parole violation. Morrow said he interviewed Perry again a couple of weeks later. He said this time, Perry changed some details again, saying Jones had gotten the gun from a drawer in the living room and was holding it in her right hand, down at her side.

"He said he grabbed her from behind, squeezed her wrists and the gun went off," Morrow testified. Demonstrating for the court what Perry said happened, Morrow said based upon the nature of Jones's injuries and the probable trajectory of the bullet, neither account could be possible.

The court also heard from Janette Jackson-Hardmett, cousin of Uniqua Jones. She said she and Jones had talked on the telephone at about 6 p.m. the night of the shooting, and Jones was upset and crying. She said she heard Perry's voice in the background.

"She said 'I love you and I'm going to have to call you back,'" the cousin testified.

Under cross-examination by Kaplan, the cousin said Jones was "mad, angry, upset, livid."

Charity Blankenship, sister-in-law to Jones, said Jones and Perry had stayed with Blankenship and her husband for a period of time. She said he carried a gun "all the time" and that one day she found a gun under her couch that belonged to him, and "I made him take it out of the house."

During lawyer arguments following testimony, Kaplan said there was no evidence presented that Perry ever had his finger on the trigger of a gun that evening.

"At most it was an accident. There is no evidence of pre-meditation, and intent was not proven," Kaplan argued.

But Hosbein said he found sufficient probable cause for Perry to be bound over for trial on the murder charge and weapons charges. The judge set trial to begin June 16.

*Contact: jswidwa@TheHP.com, 932-0359, twitter@hpswidwa*

## DO YOU REMEMBER?

### 25 years ago – 1995

You might not know Allan Thar, but as the first and only superintendent of the St. Joseph Forestry Department for 29 years, you've seen his work. Thar estimates he has planted more than 3,000 trees and cut down at least that many.

Thar, 59, will retire in May. When Thar was hired in 1966, he inherited a city with minimally landscaped parks and trees devastated by Dutch elm disease. As the fungus waned, his department concentrated on expanding the city's parks and maintaining the downtown area.

### 35 years ago – 1985

Paul Schmitt, a senior at St. Joseph High School, will make a concert tour of England and seven European countries in the United States Collegiate Wind Band this summer.

Schmitt is the son of Mr. and Mrs. Wayne Teegardin. He plays the bassoon in the St. Joseph High School band. The band will travel for three weeks in Europe, touring musical shrines, museums and places of musical interest.

### 50 years ago – 1970

Benton Harbor Mayor Wilbert Smith and Benton Township Supervisor Ray Wilder said "Earth Day" should start at home. They both endorsed "Environmental Education Day" being observed tomorrow in schools across the country to stress the problems of pollution.

The city and township launched cleanup campaigns during April that have resulted in collection of tons and tons of junk, but much junk remains.

## TODAY IN HISTORY

By THE ASSOCIATED PRESS

Today is Wednesday, April 22, the 113th day of 2020. There are 253 days left in the year.

**Highlight in history:**

On April 22, 1915, the first full-scale use of deadly chemicals in warfare took place as German forces unleashed chlorine gas against Allied troops at the start of the Second Battle of Ypres (EE'-preh) in Belgium during World War I; thousands of soldiers are believed to have died.

**On this date:**

In 1616, Spanish novelist Miguel de Cervantes, author of "Don Quixote," died in Madrid. (The date is according to the New Style Gregorian calendar that was adopted by Spain in 1582.)

In 1864, Congress authorized the use of the phrase "In God We Trust" on U.S. coins.

In 1898, with the United States and Spain on the verge of war, the U.S. Navy began blockading Cuban ports. Congress authorized creation of the 1st U.S. Volunteer Cavalry, also known as the "Rough Riders."

In 1954, the publicly televised sessions of the Senate Army-McCarthy hearings began.

In 1964, President Lyndon B. Johnson opened the New York World's Fair.

In 1970, millions of Americans concerned about the environment observed the first "Earth Day."

In 1994, Richard M. Nixon, the 37th president of the United States, died at a New York hospital four days after suffering a stroke; he was 81.

## 5-Day Forecast for St. Joseph

| Today | Tonight | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|---|
| Few Showers | Few Showers | Few Showers | Mostly Cloudy | Scattered T-storms | Few Showers |
| 52° | 43° | 50° / 41° | 54° / 42° | 52° / 41° | 49° / 39° |

### Local Outlook

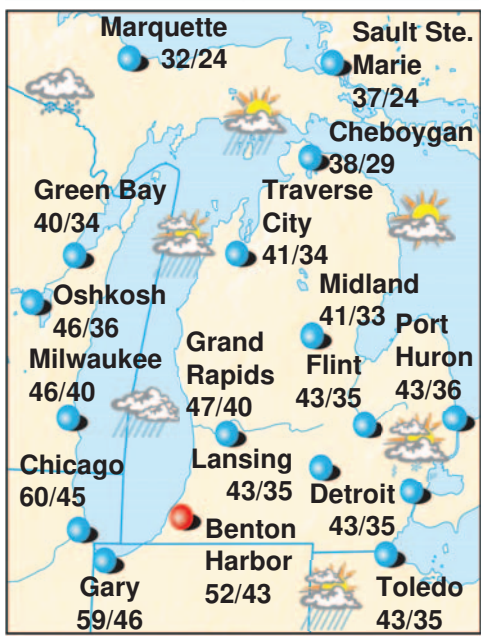
Today we will see cloudy skies with a 55% chance of showers, high temperature of 52°, humidity of 59%. Southeast wind 5 to 9 mph. Expect cloudy skies tonight with a 65% chance of showers, overnight low of 43°. South southeast wind 5 to 8 mph.

### Sun and Moon

| | |
|---|---|
| Sunrise | 6:53 a.m. |
| Sunset | 8:35 p.m. |
| Moonrise | 7:03 a.m. |
| Moonset | 8:15 p.m. |

| New | First | Full | Last |
|---|---|---|---|
| 4/22 | 4/30 | 5/7 | 5/14 |

### Regional Map




### Local Almanac

Benton Harbor Yesterday

**Temperature**

| | |
|---|---|
| High | 48° |
| Low | 36° |
| Normal High | 62° |
| Normal Low | 40° |
| Record High | 76° in 2014 |
| Record Low | 27° in 2013 |

**Precipitation**

| | |
|---|---|
| Yesterday | 0.00" |
| Month to date | 1.83" |
| Normal for month | 2.34" |
| Year to date | 8.72" |
| Normal Year to date | 7.99" |

### Air Quality

Yesterday ..... 45

Main Offender ..... Ozone

The higher the number, the greater the need for people with respiratory problems to reduce outside activity.

**0-50** ..... Good
**51-100** ..... Moderate
**101-150** .... Sensitive
**151-200** .. Unhealthy

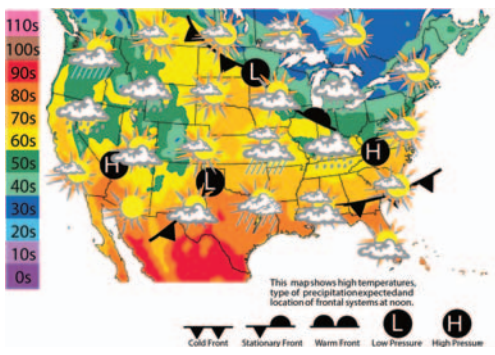
### Weather Trivia

*Just how cold can temperatures be on Earth?*

**Answer:** In the South Pole, temperatures can fall to 130 degrees Fahrenheit below zero.

### National Weather Map

Forecast map for April 22, 2020




For latest weather updates: **www.UpdatedWx.com/HP**

### Lake Michigan

Today, SE wind 8 to 10 kt. A chance of showers. Waves 1 to 2 ft. Water temperature 43 degrees. Tonight, S wind 8 to 11 kt. Showers likely. Waves 1 to 2 ft.

### Michigan Forecast

**Upper Peninsula**

Today, skies will be partly cloudy to mostly cloudy with scattered rain and snow, highs in the 30s and 40s. West northwest wind 5 to 10 mph. Expect mostly cloudy skies Thursday with highs in the 30s and 40s. East wind 8 to 14 mph.

**Lower Peninsula**

Today, skies will be mostly cloudy with scattered showers and snow, highs in the 40s and 50s. Southeast wind 5 to 9 mph. Expect cloudy skies Thursday with scattered showers and rain, highs in the 40s and 50s. East northeast wind 5 to 9 mph.

## GAS

From page A1

in their gas cans to fill up for their lawn mowers before the price goes back up."

Business was fairly brisk on Monday at Village Xpress, at the corner of M-140 Highway and Aylworth Avenue.

"It seems like we're selling a lot of gas, but we're not as busy as we would be if people were back to work," said Sue Walker, assistant manager of Village Xpress. "Because of the coronavirus people really aren't going anywhere."

But like BP, more people are coming to Village Xpress to take advantage of the low prices to fuel up gas containers for lawn mowers.

Unlike the South Haven area, gas prices at filling stations throughout the rest of Southwest Michigan were still above $1 a gallon, ranging anywhere from $1.31-$1.66.

Even those prices are quite low, according to Patrick DeHaan, head of petroleum analysis for GasBuddy, which tracks gasoline prices throughout the United States.

As of Monday, six states, including Michigan, had surpassed their lowest average gas prices in over a decade, while five of those states are seeing the lowest prices since the early 2000s, according to DeHaan. Michigan's average price of Monday was $1.45, the lowest it has been since 2003.

"To have thought at the beginning of the year we'd be in the place we are would truly have been impossible, new and multi-year records continue to be written when it comes to gasoline prices," DeHaan said. "It's staggering to know that in five of these six states we haven't seen these gasoline prices in over 15 years, and for many of us, we watch from the living room window, adhering to the orders to stay at home. But there is strong potential that we will see gas prices this summer far lower than our previous expectations, and I'm hopeful by then we're safely able to enjoy it."

The price of oil is in free fall for two reasons. First, the pandemic has shuttered much of the economy, thus sidelining most vehicle and air traffic. But even before the virus hit, oil prices were dropping fast because Saudi Arabia flooded the market with oil in a competitive move against energy companies in Russia, the United States and elsewhere.

It's gotten so bad that some oil has been trading at below $0 this week, for the simple reason that oil storage facilities are at near capacity and oil traders now fear getting stuck with oil with no place to store it.


*While COVID-19 is changing the world around us, Comfort Medical's commitment to serving you remains the same*

# Catheter and ostomy supplies delivered right to your door

**No more waiting in line at the pharmacy**

We get your prescription from your doctor, bill your insurance directly and handle all paperwork. We service Medicare and most commercial insurance plans.

We offer free and discreet home delivery of top brand name products.

We provide you with personalized support and education when you need it. Our product specialist will work with you to make sure you get the products that best fit your unique needs.

Rest easy knowing you'll receive your essential supplies without leaving home — call us today!

**1-800-235-2349**
www.comfortmedical.com

Comfort Medical

Comfort Medical and the related graphic is a trademark of Coloplast A/S pending registration.

CM_Newspaper Ad_040220_F040920